



OYSTER CATCHER TRAIL RUN 2016

23-25 September 2016

Results

OVERALL

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2044	Gagiano	Carine	Open Female	2:06:48	1:54:57	1:36:43	5:38:28
2	2114	Smit	Arnold	Open Male	2:08:48	1:55:45	1:34:27	5:39:00
3	2126	Swart	Nelius	Open Male	2:06:33	1:48:23	1:46:15	5:41:12
4	2144	Vogts	Bernhard	Open Male	2:12:52	1:56:45	1:35:20	5:44:56
5	2001	Albertyn	Collin	Open Male	2:18:17	1:52:44	1:36:04	5:47:05
6	2025	de Villiers	Chris	Open Male	2:20:54	2:03:01	1:44:47	6:08:42
7	2107	Russouw	Marliese	Vet Female	2:18:27	2:06:14	1:46:46	6:11:26
8	2073	Krige	Christoff	Open Male	2:26:16	2:05:53	1:42:46	6:14:55
9	2052	Harris	Andrew	Open Male	2:25:13	2:06:20	1:48:54	6:20:27
10	2090	Peens	Ingrid	Open Female	2:27:26	2:13:39	1:42:42	6:23:46
11	2054	Hofmeyr	Jennifer	Open Female	2:27:27	2:13:38	1:53:54	6:34:57
12	2112	Skowno	Megan	Open Female	2:27:27	2:13:38	1:53:54	6:34:57
13	2068	Keevey	Brendan	Open Male	2:27:26	2:13:40	1:53:58	6:35:05
14	2168	Isaacs	Aubrey	Master Male	2:25:49	2:23:15	1:46:24	6:35:28
15	2169	Westvig	Karl	Vet Male	2:25:48	2:23:09	1:46:58	6:35:54
16	2042	Fourie	Garth	Open Male	2:26:38	2:19:12	1:52:58	6:38:48
17	2080	McLaren	Eric	Master Male	2:33:43	2:11:18	1:55:36	6:40:36
18	2012	Cilliers	Charl	Vet Male	2:33:50	2:15:13	1:56:52	6:45:54
19	2076	Lawrence	Jerome	Vet Male	2:43:58	2:20:29	1:50:16	6:54:43
20	2147	Weedall	Cathy	Open Female	2:25:45	2:23:16	2:07:48	6:56:50
21	2031	Esterhuizen	Leana	Vet Female	2:40:55	2:20:31	1:58:32	6:59:58

22	2088	Pascall	Tamara	Open Female	2:28:20	2:25:00	2:10:14	7:03:33
23	2104	Ridgway	Wesley	Open Male	2:46:13	2:24:18	1:56:38	7:07:09
24	2127	Thomas	Liesl	Vet Female	2:33:25	2:25:44	2:09:25	7:08:34
25	2049	NACHENIUS	Hans	Master Male	2:41:51	2:26:46	2:04:57	7:13:33
26	2094	Pienaar	Leslie	Open Female	4:22:35	4:24:02	3:47:06	7:13:33
27	2040	Fourie	Anton	Open Male	2:55:10	2:30:44	1:57:24	7:23:18
28	2072	Klopper	Willem	Open Male	2:48:49	2:47:42	1:49:36	7:26:08
29	2010	Jones	Lynnette	Open Female	2:44:55	2:31:41	2:11:00	7:27:36
30	2039	Fourie	Juanita	Open Female	2:55:17	2:30:45	2:06:41	7:32:43
31	2050	Harmer	Paul	Vet Male	2:48:25	2:37:51	2:09:31	7:35:47
32	2142	Vis	Thys	Master Male	3:02:38	2:41:18	1:56:59	7:40:55
33	2018	Cussen	Joanne	Open Female	2:48:26	2:39:15	2:13:24	7:41:05
34	2145	Vogts	Elsa	Open Female	2:48:40	2:32:24	2:20:58	7:42:03
35	2038	Fourie	Andre	Vet Female	2:55:22	2:32:19	2:14:58	7:42:39
36	2028	DU PLESSIS	MARTHA	Master Female	2:54:06	2:34:06	2:16:00	7:44:11
37	2019	Davey	Megan	Vet Female	2:47:03	2:39:15	2:20:04	7:46:22
38	2101	Redelinghuys	Marni	Open Female	2:45:09	2:45:00	2:16:57	7:47:06
39	2070	King	Warren	Master Male	3:01:20	2:39:37	2:09:44	7:50:41
40	2146	Walker	Clare	Open Female	2:52:40	2:43:49	2:20:19	7:56:48
41	2030	du Preez	Wynand	Master Male	2:53:56	2:41:40	2:24:52	8:00:28
42	2125	Swanepoel	Jan	Vet Male	2:55:31	2:49:15	2:15:50	8:00:37
43	2124	Swanepoel	Heidi	Vet Female	2:55:30	2:49:14	2:15:54	8:00:38
44	2003	Basson	Eduan	Open Male	2:53:47	2:54:55	2:12:31	8:01:13
45	2143	Visser	Elaine	Master Female	3:02:37	2:41:19	2:19:57	8:03:53
46	2002	Barr	Suzy	Vet Female	3:11:26	2:40:46	2:14:37	8:06:49
47	2069	Kemp	Rual	Vet Male	3:11:46	2:40:45	2:14:55	8:07:26
48	2015	Combrink-Groome	Iselle	Open Female	3:08:17	2:44:04	2:15:56	8:08:17
49	2056	Horn	Johannes	Vet Male	3:06:20	2:46:59	2:17:31	8:10:51
50	2149	Worner	Tanya	Master Female	3:06:49	2:43:52	2:20:21	8:11:02
51	2109	sacks	gavin	Open Male	3:04:49	2:48:46	2:24:10	8:17:45
52	2020	de Kock	Brett	Master Male	3:24:09	3:03:42	1:51:41	8:19:32
53	2108	Saaiman	Nadine	Open Female	3:00:59	2:50:45	2:28:08	8:19:52
54	2079	Marshall	Magda	Open Female	3:00:59	2:50:47	2:28:20	8:20:06

55	2136	Van Wyk	Marieta	Open Female	3:18:19	2:45:04	2:16:49	8:20:12
56	2061	Jansen van rensburg	Liezel	Vet Female	3:01:56	2:48:40	2:29:44	8:20:20
57	2060	Janse van Rensburg	Piet	Master Male	3:01:57	2:48:37	2:29:46	8:20:20
58	2093	Pienaar	Petro	Vet Female	3:06:52	2:49:55	2:26:29	8:23:16
59	2065	Jousserand	Dominique	Master Female	3:06:53	2:49:55	2:28:00	8:24:47
60	2006	Bronkhorst	Evadne	Open Female	3:04:59	2:53:20	2:27:57	8:26:16
61	2043	Frazee	Sarah	Vet Female	3:05:38	2:50:23	2:30:41	8:26:42
62	2120	Steenkamp	Morne	Vet Male	3:06:18	2:58:26	2:26:46	8:31:30
63	2140	Vermeulen	Theresa	Open Female	3:11:27	2:57:46	2:26:49	8:36:01
64	2121	stock	norelle	Open Female	3:11:26	2:57:45	2:26:51	8:36:02
65	2008	Campbell	Bridget	Open Female	3:27:23	2:49:40	2:20:56	8:37:59
66	2110	Sadler	Wayne	Open Male	3:14:29	2:56:20	2:28:22	8:39:11
67	2005	Bestbier	Jacques	Vet Male	3:06:17	2:57:56	2:38:00	8:42:13
68	2135	Van Schalkwyk	Ansie	Vet Female	3:14:23	2:57:04	2:37:46	8:49:14
69	2036	Ferreira	Reinier	Open Male	3:21:45	3:04:43	2:26:53	8:53:20
70	2075	LAWRANCE	MICHELLE	Open Female	3:20:18	2:58:30	2:41:16	9:00:03
71	2113	Smit	Stella	Open Female	3:12:36	3:03:24	2:46:14	9:02:14
72	2063	Jordaan	Franco	Open Male	3:13:56	3:05:40	2:45:32	9:05:09
73	2062	Jordaan	Zelda	Open Female	3:13:55	3:05:52	2:45:35	9:05:22
74	2100	Rautenbach	Merle	Open Female	3:10:10	3:23:18	2:32:05	9:05:33
75	2150	Wynne	Donald	Master Male	3:15:48	3:10:11	2:40:03	9:06:01
76	2022	de la Bat	Idelett	Vet Female	3:24:08	3:03:41	2:38:22	9:06:11
77	2021	de la Bat	Ritz	Vet Male	3:24:08	3:03:41	2:38:25	9:06:14
78	2024	de Villiers	Leatitia	Vet Female	3:34:27	3:01:00	2:32:25	9:07:51
79	2026	Dippenaar	Dwayne	Open Male	3:23:45	3:07:28	2:38:59	9:10:12
80	2084	Muller	Phil	Open Male	3:24:05	3:07:24	2:39:08	9:10:37
81	2119	Staak	Anthony	Master Male	3:21:07	3:08:35	2:43:41	9:13:24
82	2118	Staak	Wendy	Master Female	3:21:07	3:08:39	2:43:47	9:13:33
83	2046	Gray	Tammy	Vet Female	3:20:47	3:07:55	2:45:37	9:14:19
84	2129	Kotze	Ronel	Open Female	3:27:07	3:10:38	2:41:35	9:19:20
85	2133	Meyer	Lizelle	Open Female	3:27:09	3:10:37	2:41:43	9:19:29
86	2029	Du Plooy	Gerhard	Open Male	3:27:08	3:10:36	2:41:48	9:19:31
87	2123	Visagie	Jana	Open Female	3:27:09	3:10:37	2:41:51	9:19:36

88	2083	Meyer	Simon	Open Male	3:27:08	3:10:39	2:41:54	9:19:42
89	2081	McLea	Anthony	Vet Male	3:31:11	3:25:13	2:24:13	9:20:37
90	2128	Truscott	Paul	Vet Male	3:31:14	3:25:09	2:24:15	9:20:39
91	2048	Grobler	Daleen	Master Female	3:23:58	3:19:00	2:49:24	9:32:22
92	2131	Van der linde	Mariese	Open Female	3:33:08	3:23:15	2:37:56	9:34:18
93	2035	FERREIRA	COBA	Vet Female	3:38:29	3:14:56	2:49:28	9:42:53
94	2057	Hudson	Susan	Vet Female	3:37:23	3:30:47	2:46:57	9:55:06
95	2111	Schluter	Linsey	Vet Female	3:37:22	3:30:50	2:47:00	9:55:11
96	2037	FOURIE	EUNANDA EUGENIA	Vet Female	3:58:14	3:23:37	2:49:24	10:11:15
97	2045	Gous	Alida	Open Female	4:15:12	4:00:50	2:38:36	10:54:37
98	2137	Van Zyl	Tracey	Vet Female	3:47:45	3:28:28	3:41:04	10:57:17
99	2130	van den Heever	Hester	Vet Female	3:34:28	3:30:00	2:32:34	11:03:10
100	2092	Pienaar	Marlene	Vet Female	3:57:25	3:25:40	3:40:05	11:03:10
101	2013	Clulow	Caroline	Vet Female	3:57:28	3:25:41	3:40:08	11:03:17
102	2105	Rossouw	Hermien	Vet Female	3:55:12	3:33:12	3:43:05	11:11:30
103	2027	Dixon	Marichen	Vet Female	3:55:13	3:33:15	3:43:06	11:11:34
104	2078	LOUBSER	EMBRENCHÉ	Master Female	4:12:54	3:42:53	3:27:52	11:23:39
105	2009	Chadwick	Alison	Master Female	3:53:20	3:56:12	3:38:48	11:28:20
106	2091	Perks	Hanri	Open Female	4:16:32	3:40:57	3:47:27	11:44:55
107	2064	Joubert	Karen	Vet Female	4:23:47	3:23:38	4:03:16	11:50:41
108	2053	Hefer	Monica	Vet Female	3:58:07	4:06:36	3:54:49	11:59:33
109	2014	Collignon	Denise	Vet Female	3:58:10	4:06:40	3:54:57	11:59:48
110	2138	Venter	Allan	Open Male	4:07:40	4:08:11	3:50:41	12:06:32
111	2085	Newton	Ingrid	Open Female	4:23:48	3:41:28	4:03:13	12:08:30
112	2151	Zito	Peter Ronald	Open Male	4:15:44	3:42:23	4:14:54	12:13:00
113	2132	VAN DER SCHYF	SOPHIA LOUISE	Master Female	4:15:39	3:43:38	4:14:50	12:14:07
114	2099	Prinsloo	Riana	Vet Female	4:18:29	4:00:45	3:55:00	12:14:14
115	2098	Pretorius	Sue	Master Female	4:16:35	4:08:08	3:52:04	12:16:48
116	2004	Bennett	Joan	Vet Female	4:22:34	4:13:02	3:46:41	12:22:17
117	2095	Pieterse	Tanya	Vet Female	4:14:06	4:13:51	4:14:25	12:42:22
118	2096	Pieterse	Genis	Vet Male	4:14:06	4:13:57	4:14:25	12:42:28
119	2103	Ricketts	Adam	Open Male	2:29:26			
120	2074	Lategan	Tjol	Open Male	2:31:55		2:21:18	

121	2047	Grobler	Nushke	Open Female	2:40:19	2:47:38		
122	2016	Conradie	David	Vet Male	2:48:16			
123	2134	Van Schalkwyk	Dieter	Vet Male	3:14:28	2:57:05		
124	2041	FOURIE	JACO	Open Male	3:17:03	3:11:27		
125	2102	Reitz	Marc	Open Male	3:23:45	3:07:32		
126	2017	Craxton	Alysha	Open Female	4:29:50			
127	2067	Kater	Craig	Master Male	4:35:07		4:24:22	
128	2066	Kater	Candice	Vet Female	4:35:07		4:24:20	
129	2106	Rossouw	Heidi	Vet Female	4:38:50		3:47:33	
130	2141	Villarini	Nicola	Open Female	4:39:51			
131	2033	FERREIRA	INGRID	Vet Female	4:39:51		3:53:42	
132	2032	FERREIRA	RIANA	Vet Female	4:43:47			

Open Male

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2114	Smit	Arnold	Open Male	2:08:48	1:55:45	1:34:27	5:39:00
2	2126	Swart	Nelius	Open Male	2:06:33	1:48:23	1:46:15	5:41:12
3	2144	Vogts	Bernhard	Open Male	2:12:52	1:56:45	1:35:20	5:44:56
4	2001	Albertyn	Collin	Open Male	2:18:17	1:52:44	1:36:04	5:47:05
5	2025	de Villiers	Chris	Open Male	2:20:54	2:03:01	1:44:47	6:08:42
6	2073	Krige	Christoff	Open Male	2:26:16	2:05:53	1:42:46	6:14:55
7	2052	Harris	Andrew	Open Male	2:25:13	2:06:20	1:48:54	6:20:27
8	2068	Keevey	Brendan	Open Male	2:27:26	2:13:40	1:53:58	6:35:05
9	2042	Fourie	Garth	Open Male	2:26:38	2:19:12	1:52:58	6:38:48
10	2104	Ridgway	Wesley	Open Male	2:46:13	2:24:18	1:56:38	7:07:09
11	2040	Fourie	Anton	Open Male	2:55:10	2:30:44	1:57:24	7:23:18
12	2072	Klopper	Willem	Open Male	2:48:49	2:47:42	1:49:36	7:26:08
13	2003	Basson	Eduan	Open Male	2:53:47	2:54:55	2:12:31	8:01:13
14	2109	sacks	gavin	Open Male	3:04:49	2:48:46	2:24:10	8:17:45
15	2110	Sadler	Wayne	Open Male	3:14:29	2:56:20	2:28:22	8:39:11
16	2036	Ferreira	Reinier	Open Male	3:21:45	3:04:43	2:26:53	8:53:20
17	2063	Jordaan	Franco	Open Male	3:13:56	3:05:40	2:45:32	9:05:09
18	2026	Dippenaar	Dwayne	Open Male	3:23:45	3:07:28	2:38:59	9:10:12

19	2084	Muller	Phil	Open Male	3:24:05	3:07:24	2:39:08	9:10:37
20	2029	Du Plooy	Gerhard	Open Male	3:27:08	3:10:36	2:41:48	9:19:31
21	2083	Meyer	Simon	Open Male	3:27:08	3:10:39	2:41:54	9:19:42
22	2138	Venter	Allan	Open Male	4:07:40	4:08:11	3:50:41	12:06:32
23	2151	Zito	Peter Ronald	Open Male	4:15:44	3:42:23	4:14:54	12:13:00
24	2103	Ricketts	Adam	Open Male	2:29:26			
25	2074	Lategan	Tjol	Open Male	2:31:55		2:21:18	
26	2041	FOURIE	JACO	Open Male	3:17:03	3:11:27		
27	2102	Reitz	Marc	Open Male	3:23:45	3:07:32		

Open Female

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2044	Gagiano	Carine	Open Female	2:06:48	1:54:57	1:36:43	5:38:28
2	2090	Peens	Ingrid	Open Female	2:27:26	2:13:39	1:42:42	6:23:46
3	2054	Hofmeyr	Jennifer	Open Female	2:27:27	2:13:38	1:53:54	6:34:57
4	2112	Skowno	Megan	Open Female	2:27:27	2:13:38	1:53:54	6:34:57
5	2147	Weedall	Cathy	Open Female	2:25:45	2:23:16	2:07:48	6:56:50
6	2088	Pascall	Tamara	Open Female	2:28:20	2:25:00	2:10:14	7:03:33
7	2094	Pienaar	Leslie	Open Female	4:22:35	4:24:02	3:47:06	7:13:33
8	2148	Wessels	Madie	Open Female	2:45:08	2:27:08	2:08:36	7:20:53
9	2010	Jones	Lynnette	Open Female	2:44:55	2:31:41	2:11:00	7:27:36
10	2039	Fourie	Juanita	Open Female	2:55:17	2:30:45	2:06:41	7:32:43
11	2018	Cussen	Joanne	Open Female	2:48:26	2:39:15	2:13:24	7:41:05
12	2145	Vogts	Elsa	Open Female	2:48:40	2:32:24	2:20:58	7:42:03
13	2101	Redelinghuys	Marni	Open Female	2:45:09	2:45:00	2:16:57	7:47:06
14	2146	Walker	Clare	Open Female	2:52:40	2:43:49	2:20:19	7:56:48
15	2015	Combrink-Groome	Iselle	Open Female	3:08:17	2:44:04	2:15:56	8:08:17
16	2108	Saaiman	Nadine	Open Female	3:00:59	2:50:45	2:28:08	8:19:52
17	2079	Marshall	Magda	Open Female	3:00:59	2:50:47	2:28:20	8:20:06
18	2136	Van Wyk	Marieta	Open Female	3:18:19	2:45:04	2:16:49	8:20:12
19	2006	Bronkhorst	Evadne	Open Female	3:04:59	2:53:20	2:27:57	8:26:16
20	2140	Vermeulen	Theresa	Open Female	3:11:27	2:57:46	2:26:49	8:36:01
21	2121	stock	norelle	Open Female	3:11:26	2:57:45	2:26:51	8:36:02

22	2008	Campbell	Bridget	Open Female	3:27:23	2:49:40	2:20:56	8:37:59
23	2075	LAWRANCE	MICHELLE	Open Female	3:20:18	2:58:30	2:41:16	9:00:03
24	2113	Smit	Stella	Open Female	3:12:36	3:03:24	2:46:14	9:02:14
25	2062	Jordaan	Zelda	Open Female	3:13:55	3:05:52	2:45:35	9:05:22
26	2100	Rautenbach	Merle	Open Female	3:10:10	3:23:18	2:32:05	9:05:33
27	2129	Kotze	Ronel	Open Female	3:27:07	3:10:38	2:41:35	9:19:20
28	2133	Meyer	Lizelle	Open Female	3:27:09	3:10:37	2:41:43	9:19:29
29	2123	Visagie	Jana	Open Female	3:27:09	3:10:37	2:41:51	9:19:36
30	2131	Van der linde	Mariese	Open Female	3:33:08	3:23:15	2:37:56	9:34:18
31	2045	Gous	Alida	Open Female	4:15:12	4:00:50	2:38:36	10:54:37
32	2091	Perks	Hanri	Open Female	4:16:32	3:40:57	3:47:27	11:44:55
33	2085	Newton	Ingrid	Open Female	4:23:48	3:41:28	4:03:13	12:08:30
34	2047	Grobler	Nushke	Open Female	2:40:19	2:47:38		
35	2017	Craxton	Alysha	Open Female	4:29:50			
36	2141	Villarini	Nicola	Open Female	4:39:51			

Vet Male

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2169	Westvig	Karl	Vet Male	2:25:48	2:23:09	1:46:58	6:35:54
2	2012	Cilliers	Charl	Vet Male	2:33:50	2:15:13	1:56:52	6:45:54
3	2076	Lawrence	Jerome	Vet Male	2:43:58	2:20:29	1:50:16	6:54:43
4	2050	Harmer	Paul	Vet Male	2:48:25	2:37:51	2:09:31	7:35:47
5	2125	Swanepoel	Jan	Vet Male	2:55:31	2:49:15	2:15:50	8:00:37
6	2069	Kemp	Rual	Vet Male	3:11:46	2:40:45	2:14:55	8:07:26
7	2056	Horn	Johannes	Vet Male	3:06:20	2:46:59	2:17:31	8:10:51
8	2120	Steenkamp	Morne	Vet Male	3:06:18	2:58:26	2:26:46	8:31:30
9	2005	Bestbier	Jacques	Vet Male	3:06:17	2:57:56	2:38:00	8:42:13
10	2021	de la Bat	Ritz	Vet Male	3:24:08	3:03:41	2:38:25	9:06:14
11	2081	McLea	Anthony	Vet Male	3:31:11	3:25:13	2:24:13	9:20:37
12	2128	Truscott	Paul	Vet Male	3:31:14	3:25:09	2:24:15	9:20:39
13	2096	Pieterse	Genis	Vet Male	4:14:06	4:13:57	4:14:25	12:42:28
14	2016	Conradie	David	Vet Male	2:48:16			
15	2134	Van Schalkwyk	Dieter	Vet Male	3:14:28	2:57:05		

Vet Female

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2107	Russouw	Marliese	Vet Female	2:18:27	2:06:14	1:46:46	6:11:26
2	2031	Esterhuizen	Leana	Vet Female	2:40:55	2:20:31	1:58:32	6:59:58
3	2127	Thomas	Liesl	Vet Female	2:33:25	2:25:44	2:09:25	7:08:34
4	2038	Fourie	Andre	Vet Female	2:55:22	2:32:19	2:14:58	7:42:39
5	2019	Davey	Megan	Vet Female	2:47:03	2:39:15	2:20:04	7:46:22
6	2124	Swanepoel	Heidi	Vet Female	2:55:30	2:49:14	2:15:54	8:00:38
7	2002	Barr	Suzy	Vet Female	3:11:26	2:40:46	2:14:37	8:06:49
8	2061	Jansen van rensburg	Liezel	Vet Female	3:01:56	2:48:40	2:29:44	8:20:20
9	2093	Pienaar	Petro	Vet Female	3:06:52	2:49:55	2:26:29	8:23:16
10	2043	Frazee	Sarah	Vet Female	3:05:38	2:50:23	2:30:41	8:26:42
11	2135	Van Schalkwyk	Ansie	Vet Female	3:14:23	2:57:04	2:37:46	8:49:14
12	2022	de la Bat	Idelett	Vet Female	3:24:08	3:03:41	2:38:22	9:06:11
13	2024	de Villiers	Leatitia	Vet Female	3:34:27	3:01:00	2:32:25	9:07:51
14	2046	Gray	Tammy	Vet Female	3:20:47	3:07:55	2:45:37	9:14:19
15	2035	FERREIRA	COBA	Vet Female	3:38:29	3:14:56	2:49:28	9:42:53
16	2057	Hudson	Susan	Vet Female	3:37:23	3:30:47	2:46:57	9:55:06
17	2111	Schluter	Linsey	Vet Female	3:37:22	3:30:50	2:47:00	9:55:11
18	2037	FOURIE	EUNANDA EUGENIA	Vet Female	3:58:14	3:23:37	2:49:24	10:11:15
19	2137	Van Zyl	Tracey	Vet Female	3:47:45	3:28:28	3:41:04	10:57:17
20	2130	van den Heever	Hester	Vet Female	3:34:28	3:30:00	2:32:34	11:03:10
21	2092	Pienaar	Marlene	Vet Female	3:57:25	3:25:40	3:40:05	11:03:10
22	2013	Clulow	Caroline	Vet Female	3:57:28	3:25:41	3:40:08	11:03:17
23	2105	Rossouw	Hermien	Vet Female	3:55:12	3:33:12	3:43:05	11:11:30
24	2027	Dixon	Marichen	Vet Female	3:55:13	3:33:15	3:43:06	11:11:34
25	2064	Joubert	Karen	Vet Female	4:23:47	3:23:38	4:03:16	11:50:41
26	2053	Hefer	Monica	Vet Female	3:58:07	4:06:36	3:54:49	11:59:33
27	2014	Collignon	Denise	Vet Female	3:58:10	4:06:40	3:54:57	11:59:48
28	2099	Prinsloo	Riana	Vet Female	4:18:29	4:00:45	3:55:00	12:14:14
29	2004	Bennett	Joan	Vet Female	4:22:34	4:13:02	3:46:41	12:22:17
30	2095	Pieterse	Tanya	Vet Female	4:14:06	4:13:51	4:14:25	12:42:22

31	2066	Kater	Candice	Vet Female	4:35:07		4:24:20	
32	2106	Rossouw	Heidi	Vet Female	4:38:50		3:47:33	
33	2033	FERREIRA	INGRID	Vet Female	4:39:51		3:53:42	
34	2032	FERREIRA	RIANA	Vet Female	4:43:47			

Master Male

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2168	Isaacs	Aubrey	Master Male	2:25:49	2:23:15	1:46:24	6:35:28
2	2080	McLaren	Eric	Master Male	2:33:43	2:11:18	1:55:36	6:40:36
3	2049	NACHENIUS	Hans	Master Male	2:41:51	2:26:46	2:04:57	7:13:33
4	2142	Vis	Thys	Master Male	3:02:38	2:41:18	1:56:59	7:40:55
5	2070	King	Warren	Master Male	3:01:20	2:39:37	2:09:44	7:50:41
6	2030	du Preez	Wynand	Master Male	2:53:56	2:41:40	2:24:52	8:00:28
7	2020	de Kock	Brett	Master Male	3:24:09	3:03:42	1:51:41	8:19:32
8	2060	Janse van Rensburg	Piet	Master Male	3:01:57	2:48:37	2:29:46	8:20:20
9	2150	Wynne	Donald	Master Male	3:15:48	3:10:11	2:40:03	9:06:01
10	2119	Staak	Anthony	Master Male	3:21:07	3:08:35	2:43:41	9:13:24
11	2067	Kater	Craig	Master Male	4:35:07		4:24:22	

Master Female

POS	RACE #	SURNAME	NAME	CATEGORY	DAY 1	DAY 2	DAY 3	COMBINED
1	2028	DU PLESSIS	MARTHA	Master Female	2:54:06	2:34:06	2:16:00	7:44:11
2	2143	Visser	Elaine	Master Female	3:02:37	2:41:19	2:19:57	8:03:53
3	2149	Worner	Tanya	Master Female	3:06:49	2:43:52	2:20:21	8:11:02
4	2065	Jousserand	Dominique	Master Female	3:06:53	2:49:55	2:28:00	8:24:47
5	2118	Staak	Wendy	Master Female	3:21:07	3:08:39	2:43:47	9:13:33
6	2048	Grobler	Daleen	Master Female	3:23:58	3:19:00	2:49:24	9:32:22
7	2078	LOUBSER	EMBRENCHÉ	Master Female	4:12:54	3:42:53	3:27:52	11:23:39
8	2009	Chadwick	Alison	Master Female	3:53:20	3:56:12	3:38:48	11:28:20
9	2132	VAN DER SCHYF	SOPHIA LOUISE	Master Female	4:15:39	3:43:38	4:14:50	12:14:07
10	2098	Pretorius	Sue	Master Female	4:16:35	4:08:08	3:52:04	12:16:48