

Position	Bib #	CIF30/CIF15	M/F	Category	Last Name	First Name	Cat. Pos.	Time
1	833	CIF - 30km	Male	CIF30-M-Solo-O	DUNN	Jarryd	1	2:23:31
2	829	CIF - 30km	Female	CIF30-F-Solo-O	REILLY	Sam	1	3:08:54
3	834	CIF - 30km	Male	CIF30-M-Solo-V	KRUGER	Marius	1	3:39:56
4	831	CIF - 30km	Female	CIF30-F-Solo-V	GREGORY	Annelie	1	3:45:43
5	832	CIF - 30km	Female	CIF30-F-Solo-V	JESSOP	Sharon	2	3:45:43
6	830	CIF - 30km	Female	CIF30-F-Solo-O	TUSTIN	Ceri	2	4:29:16
Position	Bib #	CIF30/CIF15	M/F	Category	Last Name	First Name	Cat. Pos.	Time
1	826	CIF - 15km	Male	CIF15-M-Solo-O	RENNIE	Duncan	1	1:25:28
2	816	CIF - 15km	Female	CIF15-F-Solo-V	VAN ZANDBERGEN	Ariadne	1	1:45:12
3	803	CIF - 15km	Female	CIF15-F-Solo-O	BENNETT	Elzette	1	1:48:24
4	805	CIF - 15km	Female	CIF15-F-Solo-O	ERASMUS	Juline	2	1:59:29
5	810	CIF - 15km	Female	CIF15-F-Solo-V	HOCKLY	Kim	2	1:59:52
6	827	CIF - 15km	Male	CIF15-M-Solo-V	STEVENSON	Warren	1	1:59:53
7	824	CIF - 15km	Men	CIF15-M-Solo-O	MARE	Gerhard	2	2:03:08
8	818	CIF - 15km	Male	CIF15-M-Solo-M	IDAS	Clive	1	2:06:35
9	814	CIF - 15km	Female	CIF15-F-Solo-V	OTTO	Janet	3	2:07:17
10	800	CIF - 15km	Female	CIF15-F-Solo-GM	PIETERSEN	Marietjie	1	2:08:30
11	820	CIF - 15km	Male	CIF15-M-Solo-O	BROWN	Kevin	3	2:09:07
12	801	CIF - 15km	Female	CIF15-F-Solo-M	HARVEY	Laura	1	2:12:07
13	808	CIF - 15km	Female	CIF15-F-Solo-O	VAN STADEN	Tamzin	3	2:15:19
14	815	CIF - 15km	Female	CIF15-F-Solo-V	STEENKAMP	Di	4	2:15:24
15	835	CIF - 15km	Male	CIF15-M-Solo-O	DYZEL	Gerhard	4	2:19:05
16	819	CIF - 15km	Male	CIF15-M-Solo-M	JANSEN	Dieter	2	2:20:07
17	802	CIF - 15km	Female	CIF15-F-Solo-M	KONICK	Joan	2	2:29:35
18	807	CIF - 15km	Female	CIF15-F-Solo-O	FRANCIS	Yusrah	4	2:35:21
19	806	CIF - 15km	Female	CIF15-F-Solo-O	FOURIE	Jeanne	5	2:36:52
20	809	CIF - 15km	Female	CIF15-F-Solo-V	DE BRUYN	Marlize	5	2:36:52
21	804	CIF - 15km	Female	CIF15-F-Solo-O	LOUW	Erin	6	2:38:45
22	817	CIF - 15km	Male	CIF15-M-Solo-GM	DU PLESSIS	Pieter	1	2:41:21
23	811	CIF - 15km	Female	CIF15-F-Solo-V	MULLER	Estelle	6	3:34:45