

Pos.	Bib #	Full/Sport	Solo/Team	Team	Category	Last Name	First Name	Team Name	Day 3 - 20km	Day 2 - 30km	Day 1 - 30km	Cat Pos.	Overall - 80km
1	1008	SOX Full	Team	Male	Full-M-Team-V	PAYA	Imran	RCS Gugs 1	1:35:54	2:51:44	2:46:37	1	7:14:15
1	2008	SOX Full	Team	Male	Full-M-Team-V	TSAWAYO	Peter	RCS Gugs 1	1:35:54	2:51:44	2:46:37	1	7:14:15
2	1001	SOX Full	Team	Male	Full-M-Team-O	EICHSTADT	Ryan	Cortado Rush	1:38:31	2:46:13	3:02:50	1	7:27:34
2	2001	SOX Full	Team	Male	Full-M-Team-O	SMITH	Craig	Cortado Rush	1:38:31	2:46:13	3:02:50	1	7:27:34
3	1002	SOX Full	Team	Male	Full-M-Team-O	HARKER	Guy	Team RCS	1:49:59	3:13:40	3:31:01	2	8:34:40
3	2002	SOX Full	Team	Male	Full-M-Team-O	WESTVIG	Erik	Team RCS	1:49:59	3:13:40	3:31:01	2	8:34:40
4	1024	SOX Full	Team	Mixed	Full-X-Team-V	KENT	Carly	The Kents	1:52:44	3:11:26	3:38:55	1	8:43:05
4	2024	SOX Full	Team	Mixed	Full-X-Team-V	KENT	Ian	The Kents	1:52:44	3:11:26	3:38:55	1	8:43:05
5	1017	SOX Full	Team	Mixed	Full-X-Team-V	LEWIS	Caitlin	Altra Retail Capital (ARC)	1:53:06	3:13:25	3:46:25	2	8:52:56
5	2017	SOX Full	Team	Mixed	Full-X-Team-V	VAN DEN BERG	Cobus	Altra Retail Capital (ARC)	1:53:06	3:13:25	3:46:25	2	8:52:56
6	1004	SOX Full	Team	Male	Full-M-Team-O	BURGERS	Brian	Wilkinson & Burgers	2:06:06	3:31:53	3:47:45	3	9:25:44
6	2004	SOX Full	Team	Male	Full-M-Team-O	WILKINSON	James	Wilkinson & Burgers	2:06:06	3:31:53	3:47:45	3	9:25:44
7	1012	SOX Full	Team	Mixed	Full-X-Team-O	COLLINS	Malcolm	Collins & Muller	1:58:37	3:32:29	3:57:00	1	9:28:06
7	2012	SOX Full	Team	Mixed	Full-X-Team-O	MULLER	Emily	Collins & Muller	1:58:37	3:32:29	3:57:00	1	9:28:06
8	1007	SOX Full	Team	Male	Full-M-Team-V	BUTLER	Warrick	Geriatric Journeymen	2:02:57	3:33:09	3:57:51	2	9:33:57
8	2007	SOX Full	Team	Male	Full-M-Team-V	HOCKLY	Stuart	Geriatric Journeymen	2:02:57	3:33:09	3:57:51	2	9:33:57
9	1025	SOX Full	Team	Male	Full-M-Team-V	ISAACS	Aubrey	Retail Capital RCS	2:10:32	3:47:36	3:53:59	3	9:52:07
9	2025	SOX Full	Team	Male	Full-M-Team-V	WESTVIG	Karl	Retail Capital RCS	2:10:32	3:47:36	3:53:59	3	9:52:07
10	1009	SOX Full	Team	Male	Full-M-Team-O	HAARHOFF	Willem	Haarhoff & Oosthuizen	1:57:18	3:44:25	4:10:25	4	9:52:08
10	2009	SOX Full	Team	Male	Full-M-Team-O	OOSTHUIZEN	Andre	Haarhoff & Oosthuizen	1:57:18	3:44:25	4:10:25	4	9:52:08
11	1027	SOX Full	Team	Mixed	Full-X-Team-O	MAGNER	Peter	Team Liefie	2:11:13	3:45:29	4:00:43	2	9:57:25
11	2027	SOX Full	Team	Mixed	Full-X-Team-O	MAGNER	Jessica	Team Liefie	2:11:13	3:45:29	4:00:43	2	9:57:25
12	2003	SOX Full	Team	Male	Full-M-Team-O	OWEN	Warren	Top Guns	2:08:05	3:39:04	4:11:09	5	9:58:18
12	1003	SOX Full	Team	Male	Full-M-Team-O	MASS	Quintin	Top Guns	2:08:05	3:39:04	4:11:09	5	9:58:18
13	1010	SOX Full	Team	Mixed	Full-X-Team-M	DE LA MOTTE	Robert	De La Max	2:13:55	3:44:41	4:22:12	1	10:20:48
13	2010	SOX Full	Team	Mixed	Full-X-Team-M	MC QUAIDE	Kathleen	De La Max	2:13:55	3:44:41	4:22:12	1	10:20:48
14	2015	SOX Full	Team	Mixed	Full-X-Team-O	QOMIYANA	Coceka	RCS Gugs 2	2:06:28	3:50:18	4:24:52	3	10:21:38
14	1015	SOX Full	Team	Mixed	Full-X-Team-O	MABULU	Nceba	RCS Gugs 2	2:06:28	3:50:18	4:24:52	3	10:21:38
15	1013	SOX Full	Team	Mixed	Full-X-Team-O	COWGILL	Sean	Johansson & Cowgill	2:08:44	4:01:51	4:31:47	4	10:42:22
15	2013	SOX Full	Team	Mixed	Full-X-Team-O	JOHANSSON	Rebecca	Johansson & Cowgill	2:08:44	4:01:51	4:31:47	4	10:42:22
16	1018	SOX Full	Team	Mixed	Full-X-Team-V	HALLENDORFF	Erik	Cathedral Peak Hotel	2:21:54	4:00:53	4:39:30	3	11:02:17
16	2018	SOX Full	Team	Mixed	Full-X-Team-V	VAN DER RIET	Belinda	Cathedral Peak Hotel	2:21:54	4:00:53	4:39:30	3	11:02:17
17	1021	SOX Full	Team	Mixed	Full-X-Team-V	BARKER	Lloyd	Livelovelif	2:25:38	4:16:02	4:30:24	4	11:12:04
17	2021	SOX Full	Team	Mixed	Full-X-Team-V	BARKER	Sally	Livelovelif	2:25:38	4:16:02	4:30:24	4	11:12:04
18	1006	SOX Full	Team	Male	Full-M-Team-V	ABRAHAM	Norman	Brothers From Different Mothers	2:24:05	4:20:03	4:29:45	4	11:13:53
18	2006	SOX Full	Team	Male	Full-M-Team-V	MUTETWA	Owen	Brothers From Different Mothers	2:24:06	4:20:03	4:29:45	4	11:13:54
19	1014	SOX Full	Team	Mixed	Full-X-Team-O	MYBURGH	Rocco	Myburgh & Van Der Ende	2:28:35	4:03:46	4:44:06	5	11:16:27
19	2014	SOX Full	Team	Mixed	Full-X-Team-O	VAN DER ENDE	Cinette	Myburgh & Van Der Ende	2:28:36	4:03:46	4:44:06	5	11:16:28
20	1031	SOX Full	Team	Female	Full-F-Team-V	FRAZEE	Sarah	Fraze & Moore	2:35:13	4:23:41	4:32:25	1	11:31:19
20	2031	SOX Full	Team	Female	Full-F-Team-V	MOORE	Claudette	Fraze & Moore	2:35:13	4:23:41	4:32:25	1	11:31:19

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21	1035	SOX Full	Team	Female	Full-F-Team-O	NEETHLING	Sonja	Neethling & Venter	2:19:29	4:27:43	5:02:15	1	11:49:27
21	2035	SOX Full	Team	Female	Full-F-Team-O	VENTER	Yvette	Neethling & Venter	2:19:30	4:27:43	5:02:15	1	11:49:28
22	1022	SOX Full	Team	Mixed	Full-X-Team-V	LONGMAN	Alistair	Longruns Longmans	2:37:57	4:34:17	4:55:03	5	12:07:17
22	2022	SOX Full	Team	Mixed	Full-X-Team-V	LONGMAN	Kari	Longruns Longmans	2:37:57	4:34:17	4:55:03	5	12:07:17
23	1020	SOX Full	Team	Mixed	Full-X-Team-V	FRISCHMUTH	Annine	Frischmuth & Frischmuth	2:44:10	4:22:35	5:06:31	6	12:13:16
23	2020	SOX Full	Team	Mixed	Full-X-Team-V	FRISCHMUTH	Carsten	Frischmuth & Frischmuth	2:44:10	4:22:35	5:06:31	6	12:13:16
24	1032	SOX Full	Team	Female	Full-F-Team-O	PIENAAR	Christi	Gangsta Moms	2:36:26	4:31:05	5:10:04	2	12:17:35
24	2032	SOX Full	Team	Female	Full-F-Team-O	VAN DEN BERGH	Marni	Gangsta Moms	2:36:26	4:31:05	5:10:04	2	12:17:35
25	1034	SOX Full	Team	Female	Full-F-Team-O	MILNE	Shirley	Milne & Smit	2:35:39	4:42:53	5:31:23	3	12:49:55
25	2034	SOX Full	Team	Female	Full-F-Team-O	SMIT	Lisa	Milne & Smit	2:35:39	4:42:53	5:31:23	3	12:49:55
26	2037	SOX Full	Team	Female	Full-F-Team-V	TRUMAN	Carla	Payne & Truman	2:59:13	5:02:20	5:23:40	2	13:25:13
26	1037	SOX Full	Team	Female	Full-F-Team-V	PAYNE	Nadja	Payne & Truman	2:59:13	5:02:21	5:23:40	2	13:25:14
27	1005	SOX Full	Team	Male	Full-M-Team-V	BRATBY	Delwin	Bratby & Toich	2:59:12	5:03:01	5:23:41	5	13:25:54
27	2005	SOX Full	Team	Male	Full-M-Team-V	TOICH	Peter	Bratby & Toich	2:59:12	5:03:01	5:23:41	5	13:25:54
28	2038	SOX Full	Team	Female	Full-F-Team-V	PHILLIPS	Melissa	Phillips & Kingdom	3:00:07	5:03:07	5:26:21	3	13:29:35
28	1038	SOX Full	Team	Female	Full-F-Team-V	KINGDOM	Sarah	Phillips & Kingdom	3:00:07	5:03:08	5:26:21	3	13:29:36
29	2040	SOX Full	Team	Female	Full-F-Team-M	FOURIE	Erika	Fourie & Cilliers	3:02:16	5:22:53	5:52:01	1	14:17:10
29	1040	SOX Full	Team	Female	Full-F-Team-M	CILLIERS	Amelia	Fourie & Cilliers	3:02:16	5:22:54	5:52:01	1	14:17:11
	1019	SOX Full	Team	Mixed	Full-X-Team-V	LAMPRECHT	Dianie	Duke And Duchess		5:32:33	5:46:55	7	
	2019	SOX Full	Team	Mixed	Full-X-Team-V	LAMPRECHT	Ruan	Duke And Duchess		5:32:36	5:46:55	7	
Pos.	Bib #	Full/Sport	Solo/Team	M/F	Category	Last Name	First Name	Team Name	Day 3 - 20km	Day 2 - 30km	Day 1 - 30km	Cat Pos.	Overall - 80km
1	51	SOX Full	Solo	M	Full-M-Solo-O	STREICHER	Franz-Erich		1:34:06	2:35:27	2:52:42	1	7:02:15
2	77	SOX Full	Solo	M	Full-M-Solo-O	STEENEVELDT	Terence		1:42:06	2:50:24	3:10:29	2	7:42:59
3	193	SOX Full	Solo	F	Full-F-Solo-O	ANSEMS	Dunya		1:44:26	2:52:20	3:07:54	1	7:44:40
4	73	SOX Full	Solo	M	Full-M-Solo-V	GONCALVES	David		1:42:32	3:01:45	3:07:30	1	7:51:47
5	52	SOX Full	Solo	M	Full-M-Solo-O	MYBURGH	Ruan		1:52:50	2:52:36	3:13:19	3	7:58:45
6	78	SOX Full	Solo	M	Full-M-Solo-O	SCHUMANN	Damien		1:40:04	3:13:39	3:08:33	4	8:02:16
7	83	SOX Full	Solo	M	Full-M-Solo-O	KOOYMAN	Ben		1:43:03	3:11:13	3:22:19	5	8:16:35
8	74	SOX Full	Solo	M	Full-M-Solo-V	GEEKIE	Adrian		1:46:27	3:09:22	3:34:35	2	8:30:24
9	85	SOX Full	Solo	M	Full-M-Solo-O	DU PLESSIS	Jean-Prieur		1:54:12	3:10:45	3:34:41	6	8:39:38
10	72	SOX Full	Solo	M	Full-M-Solo-V	HJORT	Jan		1:53:20	3:21:54	3:26:16	3	8:41:30
11	98	SOX Full	Solo	M	Full-M-Solo-GM	DE BEER	Zach		1:59:52	3:29:22	3:43:35	1	9:12:49
12	86	SOX Full	Solo	M	Full-M-Solo-O	BESSINGER	Hendry		1:54:28	3:30:36	3:58:27	7	9:23:31
13	61	SOX Full	Solo	M	Full-M-Solo-V	SAMWELL	Ben		2:05:48	3:35:00	3:48:54	4	9:29:42
14	163	SOX Full	Solo	F	Full-F-Solo-M	REILLY	Maxine		2:04:32	3:35:35	3:54:02	1	9:34:09
15	63	SOX Full	Solo	M	Full-M-Solo-V	RALPHS	Etienne		2:01:33	3:37:48	3:55:20	5	9:34:41
16	95	SOX Full	Solo	M	Full-M-Solo-M	GARDINER	Paul		2:07:01	3:40:02	3:51:02	1	9:38:05
17	68	SOX Full	Solo	M	Full-M-Solo-V	LONG	Rodney		2:00:35	3:43:02	3:55:58	6	9:39:35
18	57	SOX Full	Solo	M	Full-M-Solo-V	VAN LIEROP	Deon		2:09:46	3:39:40	4:03:18	7	9:52:44

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19	56	SOX Full	Solo	M	Full-M-Solo-V	VAN LIEROP	Jean		2:09:43	3:39:41	4:03:20	8	9:52:44
20	96	SOX Full	Solo	F	Full-F-Solo-O	CRONJE	Annemarie		2:05:30	3:38:33	4:14:21	2	9:58:24
21	53	SOX Full	Solo	M	Full-M-Solo-V	YEOWART	Dave		2:05:17	3:39:15	4:14:39	9	9:59:11
22	88	SOX Full	Solo	M	Full-M-Solo-O	ARONSON	Steven		1:57:02	3:46:22	4:16:47	8	10:00:11
23	177	SOX Full	Solo	M	Full-M-Solo-O	BOTHA	Tiaan		2:12:34	3:54:03	3:53:41	9	10:00:18
24	79	SOX Full	Solo	M	Full-M-Solo-O	MDABA	Fezi		2:22:32	3:43:02	3:56:36	10	10:02:10
25	65	SOX Full	Solo	M	Full-M-Solo-V	ORRIE	Ashraf		2:10:44	3:48:27	4:17:20	10	10:16:31
26	99	SOX Full	Solo	M	Full-M-Solo-GM	AYTON	Rodger		2:17:16	3:42:05	4:18:48	2	10:18:09
27	180	SOX Full	Solo	F	Full-F-Solo-O	TAYELOR	Robyn		2:23:56	4:06:00	4:11:34	3	10:41:30
28	167	SOX Full	Solo	F	Full-F-Solo-V	VENTER	Helette		2:31:00	4:02:50	4:14:58	1	10:48:48
29	178	SOX Full	Solo	F	Full-F-Solo-O	KOBLISCHKE	Michelle		2:34:13	3:57:58	4:28:29	4	11:00:40
30	183	SOX Full	Solo	F	Full-F-Solo-O	MGABHI	Nontuthuko		2:13:50	4:05:23	5:06:37	5	11:25:50
31	81	SOX Full	Solo	M	Full-M-Solo-O	LOUBSER	Nico		2:29:09	4:23:43	4:53:30	11	11:46:22
32	165	SOX Full	Solo	F	Full-F-Solo-O	DE WET	Ans-Mari		2:22:22	4:27:42	5:02:15	6	11:52:19
33	172	SOX Full	Solo	F	Full-F-Solo-V	KRUGER	Natasha		2:29:07	4:15:37	5:08:28	2	11:53:12
34	173	SOX Full	Solo	F	Full-F-Solo-V	IDAS	Tania		2:29:07	4:15:41	5:08:28	3	11:53:16
35	75	SOX Full	Solo	M	Full-M-Solo-V	DA SILVA	Moenier		2:42:07	4:31:09	4:46:20	11	11:59:36
36	169	SOX Full	Solo	F	Full-F-Solo-V	SAMWELL	Amanda		2:28:09	4:33:13	5:06:40	4	12:08:02
37	198	SOX Full	Solo	F	Full-F-Solo-M	BURKE	Tracey		2:37:29	4:31:04	5:07:19	2	12:15:52
38	195	SOX Full	Solo	F	Full-F-Solo-M	WARES	Jan		2:37:30	4:31:07	5:07:21	3	12:15:58
39	190	SOX Full	Solo	F	Full-F-Solo-O	DE JONGH	Danielle		2:44:59	4:43:34	4:51:51	7	12:20:24
40	2016	SOX Full	Solo	M	Full-M-Solo-V	VAN BREUKELEN	Robert		2:31:10	3:57:57	5:53:56	12	12:23:03
41	38	SOX Full	Solo	F	Full-F-Solo-V	BOBOTYANA	Phumeza		2:49:25	4:38:46	4:58:37	5	12:26:48
42	168	SOX Full	Solo	M	Full-M-Solo-V	SHAW	Anthony		2:31:30	4:05:41	5:53:57	13	12:31:08
43	197	SOX Full	Solo	F	Full-F-Solo-M	MAY	Sandy		2:42:00	4:37:00	5:15:15	4	12:34:15
44	97	SOX Full	Solo	M	Full-M-Solo-GM	ROUX	Con		2:53:51	4:53:01	5:00:43	3	12:47:35
45	59	SOX Full	Solo	M	Full-M-Solo-V	SHUTTLEWORTH	Richard		2:45:54	4:53:21	5:12:16	14	12:51:31
46	67	SOX Full	Solo	M	Full-M-Solo-V	MC INNES	Mark		2:45:57	5:12:27	5:12:16	15	13:10:40
47	192	SOX Full	Solo	F	Full-F-Solo-O	BOTHA	Caren		2:58:05	4:50:04	5:23:01	8	13:11:10
48	93	SOX Full	Solo	M	Full-M-Solo-M	MARSHALL	Craig		2:45:57	5:13:32	5:14:53	2	13:14:22
49	182	SOX Full	Solo	F	Full-F-Solo-O	MOORE	Lisa		3:05:33	4:51:28	5:56:20	9	13:53:21
50	188	SOX Full	Solo	F	Full-F-Solo-O	JELE	Zanele		3:03:28	5:17:33	5:35:05	10	13:56:06
51	64	SOX Full	Solo	M	Full-M-Solo-V	PORTEOUS	Warren		3:12:47	5:02:05	5:48:03	16	14:02:55
52	179	SOX Full	Solo	F	Full-F-Solo-O	WINKLER	Cordula		3:17:31	4:53:06	5:53:59	11	14:04:36
53	174	SOX Full	Solo	F	Full-F-Solo-V	GUBA	Rogelle		3:05:33	4:51:27	6:08:35	6	14:05:35
54	2026	SOX Full	Solo	F	Full-F-Solo-V	WILSON	Nicola		2:58:57	5:12:45	6:03:16	7	14:14:58
55	50	SOX Full	Solo	M	Full-M-Solo-GM	VENTURI	Fabrizio		3:04:48	5:46:53	5:27:06	4	14:18:47
56	62	SOX Full	Solo	M	Full-M-Solo-V	REILLY	John		3:12:45	5:35:24	5:48:03	17	14:36:12
57	529	SOX Full	Solo	M	Full-M-Solo-M	PARKINSON	Simon		3:12:48	5:37:42	5:48:09	3	14:38:39
58	164	SOX Full	Solo	F	Full-F-Solo-V	NEL	Venita		3:38:25	5:54:19	6:04:18	8	15:37:02

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59	185	SOX Full	Solo	F	Full-F-Solo-V	BENNETT	Joan		3:38:26	5:54:20	6:04:17	9	15:37:03
	49	SOX Full	Solo	M	Sweeper-Long	ROOS	Marsel		1:39:58	5:55:26	6:08:52		13:44:16
	84	SOX Full	Solo	M	Full-M-Solo-O	FOURIE	Drikus		DNS	4:14:26	4:08:08		
	87	SOX Full	Solo	M	Full-M-Solo-O	AYTON	Grant		DQ	3:08:12	3:33:32		
	58	SOX Full	Solo	F	Full-F-Solo-O	VAN NIEKERK	Lerene		2:53:11	4:29:31	DNS		
	70	SOX Full	Solo	F	Full-F-Solo-O	ARONSON	Lisa		2:13:52	DNF	4:16:48		
	194	SOX Full	Solo	F	Full-F-Solo-M	WICKER	Tanya		3:06:57	DNS	6:08:38		
	1026	SOX Full	Solo	M	Full-M-Solo-V	KOTZE	Kevin		DNS	DNS	6:03:17		