

| Position | Bib # | Full/Sport | Solo/Team | M/F | Category | Last Name | First Name | Day 3 - 20km | Day 2 - 15km | Day 1 - 20km | Cat. Pos. | Overall - 55km |
|----------|-------|------------|-----------|--------|----------------|--------------|------------|--------------|--------------|--------------|-----------|----------------|
| 1 | 513 | SOX Sport | Solo | Male | Sport-M-Solo-O | TWEDDLE | Robert | 1:36:09 | 1:13:42 | 1:39:46 | 1 | 4:29:37 |
| 2 | 511 | SOX Sport | Solo | Male | Sport-M-Solo-O | SWART | Nelius | 1:39:56 | 1:16:28 | 1:36:26 | 2 | 4:32:50 |
| 3 | 669 | SOX Sport | Solo | Female | Sport-F-Solo-O | TARBOTON | Bianca | 1:43:48 | 1:17:45 | 1:39:46 | 1 | 4:41:19 |
| 4 | 508 | SOX Sport | Solo | Male | Sport-M-Solo-O | SHAFF | Robert | 1:48:33 | 1:17:22 | 1:40:41 | 3 | 4:46:36 |
| 5 | 686 | SOX Sport | Solo | Female | Sport-F-Solo-O | DETERING | Linda | 1:48:32 | 1:21:59 | 1:40:37 | 2 | 4:51:08 |
| 6 | 538 | SOX Sport | Solo | Male | Sport-M-Solo-V | KOTZE | Dirk | 1:53:48 | 1:26:43 | 1:43:53 | 1 | 5:04:24 |
| 7 | 525 | SOX Sport | Solo | Male | Sport-M-Solo-M | COX | Anthony | 2:04:02 | 1:23:29 | 1:41:22 | 1 | 5:08:53 |
| 8 | 534 | SOX Sport | Solo | Female | Sport-F-Solo-V | DYER | Lana | 1:53:30 | 1:27:40 | 1:48:11 | 1 | 5:09:21 |
| 9 | 547 | SOX Sport | Solo | Female | Sport-F-Solo-V | WEEDALL | Cathy | 2:00:15 | 1:33:42 | 1:49:10 | 2 | 5:23:07 |
| 10 | 507 | SOX Sport | Solo | Male | Sport-M-Solo-O | NIJSINGH | Gerben | 2:07:22 | 1:32:14 | 1:53:16 | 4 | 5:32:52 |
| 11 | 510 | SOX Sport | Solo | Male | Sport-M-Solo-O | STAEBE | Marko | 2:07:21 | 1:33:47 | 1:54:01 | 5 | 5:35:09 |
| 12 | 524 | SOX Sport | Solo | Male | Sport-M-Solo-V | SINCLAIR | Dave | 2:04:22 | 1:33:43 | 2:02:58 | 2 | 5:41:03 |
| 13 | 655 | SOX Sport | Solo | Female | Sport-F-Solo-V | JANISCH | Jenny | 2:11:52 | 1:34:54 | 1:54:56 | 3 | 5:41:42 |
| 14 | 658 | SOX Sport | Solo | Female | Sport-F-Solo-O | LE ROUX | Paula | 2:04:23 | 1:33:11 | 2:06:38 | 3 | 5:44:12 |
| 15 | 505 | SOX Sport | Solo | Male | Sport-M-Solo-O | LAUBSCHER | Hannes | 2:05:24 | 1:34:57 | 2:03:52 | 6 | 5:44:13 |
| 16 | 515 | SOX Sport | Solo | Male | Sport-M-Solo-V | CONRADIE | David | 2:05:18 | 1:35:46 | 2:03:51 | 3 | 5:44:55 |
| 17 | 503 | SOX Sport | Solo | Male | Sport-M-Solo-O | KOCH | Wian | 2:09:22 | 1:38:43 | 1:59:39 | 7 | 5:47:44 |
| 18 | 537 | SOX Sport | Solo | Female | Sport-F-Solo-O | VAN DER WATH | Teagan | 2:15:25 | 1:38:18 | 1:59:05 | 4 | 5:52:48 |
| 19 | 543 | SOX Sport | Solo | Female | Sport-F-Solo-V | ARGUILE | Julie | 2:10:19 | 1:41:14 | 2:05:51 | 4 | 5:57:24 |
| 20 | 536 | SOX Sport | Solo | Female | Sport-F-Solo-O | KRETMANN | Bronwyn | 2:15:25 | 1:38:36 | 2:04:32 | 5 | 5:58:33 |
| 21 | 632 | SOX Sport | Solo | Female | Sport-F-Solo-V | PABST | Nicola | 2:24:43 | 1:46:15 | 1:47:51 | 5 | 5:58:49 |
| 22 | 544 | SOX Sport | Solo | Male | Sport-M-Solo-V | PABST | Ansgar | 2:12:38 | 1:39:19 | 2:08:33 | 4 | 6:00:30 |
| 23 | 502 | SOX Sport | Solo | Male | Sport-M-Solo-M | KROPMAN | Jeremy | 2:09:30 | 1:41:01 | 2:11:05 | 2 | 6:01:36 |
| 24 | 518 | SOX Sport | Solo | Male | Sport-M-Solo-V | FURBY | Lee | 2:13:02 | 1:38:52 | 2:09:45 | 5 | 6:01:39 |
| 25 | 661 | SOX Sport | Solo | Female | Sport-F-Solo-V | FURBY | Karin | 2:13:01 | 1:38:53 | 2:09:45 | 6 | 6:01:39 |
| 26 | 549 | SOX Sport | Solo | Female | Sport-F-Solo-O | STEPHENS | Lise | 2:22:28 | 1:36:50 | 2:06:35 | 6 | 6:05:53 |
| 27 | 633 | SOX Sport | Solo | Female | Sport-F-Solo-O | LE ROUX | Bevin | 2:22:30 | 1:45:35 | 2:06:41 | 7 | 6:14:46 |
| 28 | 660 | SOX Sport | Solo | Female | Sport-F-Solo-V | GARDINER | Jennie | 2:21:10 | 1:46:29 | 2:07:59 | 7 | 6:15:38 |
| 29 | 637 | SOX Sport | Solo | Female | Sport-F-Solo-V | VAN HEERDEN | Mientjie | 2:24:43 | 1:46:12 | 2:08:33 | 8 | 6:19:28 |
| 30 | 509 | SOX Sport | Solo | Male | Sport-M-Solo-O | SMITH | Pieter | 2:20:52 | 1:50:00 | 2:09:41 | 8 | 6:20:33 |
| 31 | 548 | SOX Sport | Solo | Male | Sport-M-Solo-M | REYNOLDS | Andrew | 2:21:33 | 1:49:12 | 2:12:04 | 3 | 6:22:49 |
| 32 | 539 | SOX Sport | Solo | Male | Sport-M-Solo-V | VAN ZYL | Mark | 2:04:17 | 1:33:40 | 2:51:17 | 6 | 6:29:14 |
| 33 | 1036 | SOX Sport | Solo | Female | Sport-F-Solo-O | OLIVIER | Maryna | 2:25:14 | 1:50:30 | 2:13:33 | 8 | 6:29:17 |
| 34 | 546 | SOX Sport | Solo | Female | Sport-F-Solo-M | ORRIE | Roldah | 2:29:59 | 1:49:06 | 2:11:48 | 1 | 6:30:53 |
| 35 | 643 | SOX Sport | Solo | Female | Sport-F-Solo-V | SCHAEFER | Marne | 2:33:06 | 1:50:36 | 2:12:55 | 9 | 6:36:37 |
| 36 | 690 | SOX Sport | Solo | Female | Sport-F-Solo-M | SAUNDERS | Dawn | 2:31:51 | 1:54:41 | 2:14:44 | 2 | 6:41:16 |
| 37 | 531 | SOX Sport | Solo | Male | Sport-M-Solo-V | NEILL | Paul | 2:27:59 | 1:41:02 | 2:36:55 | 7 | 6:45:56 |
| 38 | 530 | SOX Sport | Solo | Male | Sport-M-Solo-V | SHARP | David | 2:28:02 | 1:41:02 | 2:36:55 | 8 | 6:45:59 |

| Position | Bib # | Full/Sport | Solo/Team | M/F | Category | Last Name | First Name | Day 3 - 20km | Day 2 - 15km | Day 1 - 20km | Cat. Pos. | Overall - 55km |
|----------|-------|------------|-----------|--------|-----------------|--------------|-------------|--------------|--------------|--------------|-----------|----------------|
| 39 | 667 | SOX Sport | Solo | Female | Sport-F-Solo-O | VAN TONDER | Margaretha | 2:25:09 | 1:52:24 | 2:30:13 | 9 | 6:47:46 |
| 40 | 666 | SOX Sport | Solo | Female | Sport-F-Solo-O | VENTER | Anna Gladys | 2:34:50 | 1:53:09 | 2:24:22 | 10 | 6:52:21 |
| 41 | 663 | SOX Sport | Solo | Male | Sport-M-Solo-GM | ABRAHAMSON | Tony | 2:24:06 | 1:53:29 | 2:37:46 | 1 | 6:55:21 |
| 42 | 649 | SOX Sport | Solo | Female | Sport-F-Solo-V | MARKIE | Rowen | 2:38:13 | 1:52:48 | 2:24:24 | 10 | 6:55:25 |
| 43 | 659 | SOX Sport | Solo | Female | Sport-F-Solo-V | GEEKIE | Welmoed | 2:41:29 | 1:55:19 | 2:19:46 | 11 | 6:56:34 |
| 44 | 680 | SOX Sport | Solo | Female | Sport-F-Solo-O | MASS | Monique | 2:32:41 | 1:56:11 | 2:30:03 | 11 | 6:58:55 |
| 45 | 678 | SOX Sport | Solo | Female | Sport-F-Solo-O | OWEN | Marcia | 2:32:42 | 1:56:11 | 2:30:03 | 12 | 6:58:56 |
| 46 | 545 | SOX Sport | Solo | Female | Sport-F-Solo-M | WHITEHEAD | Frances | 2:36:39 | 1:59:53 | 2:23:34 | 3 | 7:00:06 |
| 47 | 645 | SOX Sport | Solo | Female | Sport-F-Solo-V | RICHARDS | Talita | 2:42:03 | 1:53:30 | 2:27:25 | 12 | 7:02:58 |
| 48 | 664 | SOX Sport | Solo | Female | Sport-F-Solo-O | WHITEHEAD | Denise | 2:42:13 | 1:54:39 | 2:27:25 | 13 | 7:04:17 |
| 49 | 676 | SOX Sport | Solo | Female | Sport-F-Solo-O | PIERCE | Erica | 2:44:32 | 1:59:13 | 2:21:07 | 14 | 7:04:52 |
| 50 | 679 | SOX Sport | Solo | Female | Sport-F-Solo-O | NEL | Tamsyn | 2:41:06 | 1:50:18 | 2:35:35 | 15 | 7:06:59 |
| 51 | 506 | SOX Sport | Solo | Male | Sport-M-Solo-O | NEL | Fanie | 2:41:10 | 1:50:18 | 2:35:35 | 9 | 7:07:03 |
| 52 | 541 | SOX Sport | Solo | Female | Sport-F-Solo-V | VAN RENSBURG | Liesl | 2:40:01 | 2:07:18 | 2:25:05 | 13 | 7:12:24 |
| 53 | 514 | SOX Sport | Solo | Male | Sport-M-Solo-O | VAN TONDER | Danie | 2:40:31 | 2:03:01 | 2:30:13 | 10 | 7:13:45 |
| 54 | 523 | SOX Sport | Solo | Female | Sport-F-Solo-V | MURRAY-SMITH | Jenna | 2:18:13 | 2:03:08 | 2:53:01 | 14 | 7:14:22 |
| 55 | 699 | SOX Sport | Solo | Female | Sport-F-Solo-GM | RYMER | Sue | 2:43:06 | 2:06:59 | 2:27:32 | 1 | 7:17:37 |
| 56 | 694 | SOX Sport | Solo | Female | Sport-F-Solo-M | MORIARTY | Gail | 2:44:58 | 2:02:13 | 2:31:07 | 4 | 7:18:18 |
| 57 | 533 | SOX Sport | Solo | Male | Sport-M-Solo-M | CHALLIS | Andy | 2:40:51 | 2:03:46 | 2:36:56 | 4 | 7:21:33 |
| 58 | 528 | SOX Sport | Solo | Male | Sport-M-Solo-V | LIDDLE | Robert | 2:40:53 | 2:03:46 | 2:36:56 | 9 | 7:21:35 |
| 59 | 696 | SOX Sport | Solo | Female | Sport-F-Solo-M | HARTLEY | Alison | 2:42:02 | 2:04:43 | 2:37:10 | 5 | 7:23:55 |
| 60 | 542 | SOX Sport | Solo | Female | Sport-F-Solo-V | ARNOTT | Rachel | 2:51:51 | 2:03:45 | 2:31:09 | 15 | 7:26:45 |
| 61 | 700 | SOX Sport | Solo | Female | Sport-F-Solo-GM | MONSON | Glenda | 3:04:47 | 1:55:46 | 2:26:48 | 2 | 7:27:21 |
| 62 | 521 | SOX Sport | Solo | Male | Sport-M-Solo-V | LIEBENBERG | Chris | 2:47:18 | 2:05:26 | 2:35:21 | 10 | 7:28:05 |
| 63 | 651 | SOX Sport | Solo | Female | Sport-F-Solo-V | LIEBENBERG | Ireta | 2:47:14 | 2:05:30 | 2:35:24 | 16 | 7:28:08 |
| 64 | 500 | SOX Sport | Solo | Male | Sport-M-Solo-GM | BRIMBLE | John | 2:36:39 | 2:09:07 | 2:42:44 | 2 | 7:28:30 |
| 65 | 689 | SOX Sport | Solo | Female | Sport-F-Solo-M | WELLEMAN | Elzette | 2:51:07 | 2:09:08 | 2:31:07 | 6 | 7:31:22 |
| 66 | 688 | SOX Sport | Solo | Female | Sport-F-Solo-M | WINTER | Christine | 2:51:07 | 2:09:11 | 2:31:25 | 7 | 7:31:43 |
| 67 | 670 | SOX Sport | Solo | Female | Sport-F-Solo-O | STEENEVELDT | Bronwyn | 2:52:02 | 2:09:49 | 2:34:26 | 16 | 7:36:17 |
| 68 | 520 | SOX Sport | Solo | Male | Sport-M-Solo-V | KRUGER | Gavin | 2:55:14 | 2:02:17 | 2:40:58 | 11 | 7:38:29 |
| 69 | 652 | SOX Sport | Solo | Female | Sport-F-Solo-V | KRUGER | Dominique | 2:48:14 | 2:03:06 | 2:53:00 | 17 | 7:44:20 |
| 70 | 681 | SOX Sport | Solo | Female | Sport-F-Solo-O | MARSHALL | Magda | 2:54:09 | 2:06:34 | 2:44:07 | 17 | 7:44:50 |
| 71 | 672 | SOX Sport | Solo | Female | Sport-F-Solo-O | SAAIMAN | Nadine | 2:54:09 | 2:07:29 | 2:44:11 | 18 | 7:45:49 |
| 72 | 685 | SOX Sport | Solo | Female | Sport-F-Solo-O | ERASMUS | Erica | 2:54:08 | 2:07:30 | 2:44:12 | 19 | 7:45:50 |
| 73 | 682 | SOX Sport | Solo | Female | Sport-F-Solo-V | EYERS | Margaux | 2:52:00 | 2:10:46 | 2:45:28 | 18 | 7:48:14 |
| 74 | 527 | SOX Sport | Solo | Male | Sport-M-Solo-V | MURRAY-SMITH | Angus | 2:50:36 | 2:05:57 | 2:53:00 | 12 | 7:49:33 |
| 75 | 501 | SOX Sport | Solo | Female | Sport-F-Solo-GM | ABERNETHY | Bobby | 3:04:48 | 2:08:30 | 2:26:32 | 3 | 7:54:52 |
| 76 | 665 | SOX Sport | Solo | Female | Sport-F-Solo-O | VILJOEN | Philippa | 2:55:15 | 2:08:17 | 2:53:02 | 20 | 7:56:34 |

SOX Sport Overall

| Position | Bib # | Full/Sport | Solo/Team | M/F | Category | Last Name | First Name | Day 3 - 20km | Day 2 - 15km | Day 1 - 20km | Cat. Pos. | Overall - 55km |
|----------|-------|------------|-----------|--------|----------------|-----------------|-------------|--------------|--------------|--------------|-----------|----------------|
| 77 | 687 | SOX Sport | Solo | Male | Sport-M-Solo-O | VILJOEN | Wayne | 2:55:15 | 2:08:18 | 2:53:01 | 11 | 7:56:34 |
| 78 | 671 | SOX Sport | Solo | Female | Sport-F-Solo-O | STAEBE | Louise | 3:03:29 | 2:09:36 | 2:47:24 | 21 | 8:00:29 |
| 79 | 683 | SOX Sport | Solo | Female | Sport-F-Solo-O | KOCH | Bianka | 3:04:29 | 2:09:35 | 2:47:24 | 22 | 8:01:28 |
| 80 | 656 | SOX Sport | Solo | Female | Sport-F-Solo-V | GREYBE | Brenda | 2:59:44 | 2:17:17 | 2:48:03 | 19 | 8:05:04 |
| 81 | 662 | SOX Sport | Solo | Female | Sport-F-Solo-V | CLAASEN | Anine | 2:59:45 | 2:17:18 | 2:48:03 | 20 | 8:05:06 |
| 82 | 675 | SOX Sport | Solo | Female | Sport-F-Solo-O | POTGIETER | Liezel | 2:59:45 | 2:17:19 | 2:48:04 | 23 | 8:05:08 |
| 83 | 636 | SOX Sport | Solo | Female | Sport-F-Solo-V | VAN ZYL | Belinda | 2:59:39 | 2:20:27 | 2:51:17 | 21 | 8:11:23 |
| 84 | 650 | SOX Sport | Solo | Female | Sport-F-Solo-V | LOOTS | Erna | 3:04:31 | 2:23:28 | 3:02:36 | 22 | 8:30:35 |
| 85 | 641 | SOX Sport | Solo | Female | Sport-F-Solo-V | SLABBERT | Susie | 3:04:33 | 2:23:28 | 3:02:36 | 23 | 8:30:37 |
| 86 | 654 | SOX Sport | Solo | Female | Sport-F-Solo-V | KLUYTS | Megan | 3:21:19 | 2:20:03 | 2:51:25 | 24 | 8:32:47 |
| 87 | 642 | SOX Sport | Solo | Female | Sport-F-Solo-V | SINCLAIR | Gia | 3:17:31 | 2:21:07 | 2:54:45 | 25 | 8:33:23 |
| 88 | 540 | SOX Sport | Solo | Female | Sport-F-Solo-O | LUPTON-SMITH | Gillian Ann | 3:16:39 | 2:27:37 | 2:54:17 | 24 | 8:38:33 |
| 89 | 653 | SOX Sport | Solo | Female | Sport-F-Solo-V | KROPMAN | Annemarie | 3:16:41 | 2:31:16 | 2:52:50 | 26 | 8:40:47 |
| 90 | 644 | SOX Sport | Solo | Female | Sport-F-Solo-V | ROLFE | Deborah | 3:16:41 | 2:31:17 | 2:52:50 | 27 | 8:40:48 |
| 91 | 648 | SOX Sport | Solo | Female | Sport-F-Solo-V | MCMURDO | Natalie | 3:17:30 | 2:29:22 | 2:55:28 | 28 | 8:42:20 |
| 92 | 657 | SOX Sport | Solo | Female | Sport-F-Solo-V | GOSS | Natalie | 3:17:30 | 2:29:26 | 2:55:28 | 29 | 8:42:24 |
| 93 | 673 | SOX Sport | Solo | Female | Sport-F-Solo-O | ROBINSON | Maura | 3:24:54 | 2:30:29 | 2:50:02 | 25 | 8:45:25 |
| 94 | 698 | SOX Sport | Solo | Female | Sport-F-Solo-M | BRICOUT | Rachelle | 3:24:57 | 2:30:31 | 3:07:22 | 8 | 9:02:50 |
| 95 | 635 | SOX Sport | Solo | Female | Sport-F-Solo-V | VAN ZYL | Tracey | 3:17:31 | 2:36:30 | 3:10:26 | 30 | 9:04:27 |
| 96 | 516 | SOX Sport | Solo | Male | Sport-M-Solo-V | EBRAHIM | Saleem | 3:31:29 | 2:39:27 | 2:54:33 | 13 | 9:05:29 |
| 97 | 639 | SOX Sport | Solo | Female | Sport-F-Solo-V | TAYOB | Raashika | 3:31:30 | 2:39:30 | 2:54:33 | 31 | 9:05:33 |
| 98 | 535 | SOX Sport | Solo | Female | Sport-F-Solo-V | PRINSLOO-THERON | Sanet | 3:41:59 | 2:23:29 | 3:02:37 | 32 | 9:08:05 |
| 99 | 695 | SOX Sport | Solo | Female | Sport-F-Solo-M | HUTCHISON | Caroline | 3:28:51 | 2:38:59 | 3:07:39 | 9 | 9:15:29 |
| 100 | 191 | SOX Sport | Solo | Female | Sport-F-Solo-O | BOTHA | Sorita | 2:47:30 | 4:17:53 | 2:44:01 | 26 | 9:49:24 |
| 101 | 691 | SOX Sport | Solo | Female | Sport-F-Solo-M | RUST | Karin | 3:41:59 | 2:53:23 | 3:15:29 | 10 | 9:50:51 |
| 102 | 697 | SOX Sport | Solo | Female | Sport-F-Solo-M | CURTIS | Julia | 2:52:09 | 4:28:58 | 2:30:02 | 11 | 9:51:09 |
| 103 | 532 | SOX Sport | Solo | Male | Sport-M-Solo-V | WALLER | Michael | 2:28:02 | 4:47:18 | 2:36:55 | 14 | 9:52:15 |
| 104 | 693 | SOX Sport | Solo | Female | Sport-F-Solo-M | MOSTERT | Adele | 3:11:15 | 3:25:26 | 3:27:46 | 12 | 10:04:27 |
| 105 | 692 | SOX Sport | Solo | Female | Sport-F-Solo-M | MOSTERT | Marinda | 3:14:34 | 3:25:27 | 3:27:40 | 13 | 10:07:41 |
| 106 | 638 | SOX Sport | Solo | Female | Sport-F-Solo-V | VAN DER BERG | Surita | 3:21:57 | 3:34:11 | 3:27:40 | 33 | 10:23:48 |
| 107 | 646 | SOX Sport | Solo | Female | Sport-F-Solo-V | NELL | Marlene | 3:21:57 | 3:34:11 | 3:27:44 | 34 | 10:23:52 |
| 108 | 187 | SOX Sport | Solo | Female | Sport-F-Solo-O | KRUGMANN | Imgard | 2:41:59 | 1:54:51 | 5:56:20 | 27 | 10:33:10 |
| 109 | 677 | SOX Sport | Solo | Female | Sport-F-Solo-O | GAD | Kim-Lisa | 3:05:38 | 3:52:26 | 3:44:06 | 28 | 10:42:10 |
| 110 | 1016 | SOX Sport | Solo | Female | Sport-F-Solo-O | VAN BREUKELEN | Philippa | 3:18:22 | 2:40:18 | 5:53:56 | 29 | 11:52:36 |
| | 526 | SOX Sport | Solo | Female | Sweeper-Short | HATTINGH | Sinead | 3:47:44 | 3:52:27 | 3:44:07 | | 11:24:18 |
| | 647 | SOX Sport | Solo | Female | Sport-F-Solo-V | MYBURGH | Carina | 2:36:36 | DNS | 2:31:21 | | |
| | 517 | SOX Sport | Solo | Male | Sport-M-Solo-V | EBRAHIM | Shabeer | | 2:39:27 | 2:50:34 | | |
| | 504 | SOX Sport | Solo | Male | Sport-M-Solo-O | KRAAK | Ari | | 3:54:18 | 2:04:27 | | |



SOX Sport Overall



| Position | Bib # | Full/Sport | Solo/Team | M/F | Category | Last Name | First Name | Day 3 - 20km | Day 2 - 15km | Day 1 - 20km | Cat. Pos. | Overall - 55km |
|----------|-------|------------|-----------|--------|----------------|-----------|------------|--------------|--------------|--------------|-----------|----------------|
| | 512 | SOX Sport | Solo | Male | Sport-M-Solo-O | THORNTON | Dan | | 4:03:12 | 2:04:27 | | |
| | 674 | SOX Sport | Solo | Female | Sport-F-Solo-O | RAPP | Telana | | 3:46:15 | 3:44:06 | | |