



RCS SOX 3 DAY TRAIL RUN

10-12 August 2018

Results

RCS SOX FULL SOLO

Overall									
POS	BIB#	SURNAME	NAME	GENDER	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	249	RUKADZA	Bernard	Men	1:19:26	2:28:44	1:58:31	05:46:41	1
2	238	MISIZI	Melikhaya	Men	1:19:26	2:40:34	1:59:43	05:59:43	2
3	228	KOOYMAN	Ben	Men	1:28:51	2:40:56	2:20:58	06:30:45	3
4	269	MOUTON	Eddie	Men	1:29:55	2:51:15	2:17:43	06:38:53	1
5	247	RENNIE	Duncan	Men	1:23:49	3:08:48	2:28:00	07:00:37	4
6	268	WRIGHT	Margitta	Women	1:35:57	3:04:25	2:32:03	07:12:25	1
7	213	DU RANDT	Zane	Men	1:33:46	3:09:59	2:28:48	07:12:33	5
8	236	MOSTERT	Ann-Maree	Women	1:38:24	3:12:51	2:36:11	07:27:26	1
9	203	BARKER	Paul	Men	1:35:15	3:13:16	2:41:43	07:30:14	6
10	206	CLARK	Shannon	Men	1:38:44	3:17:44	2:40:52	07:37:20	1
11	241	MYEZA	Sabelo	Men	1:43:04	3:37:44	2:41:15	08:02:03	7
12	264	WATKYNS	Jim	Men	1:43:27	3:43:01	2:48:52	08:15:20	8
13	245	ORRIE	Ashraf	Men	1:52:49	3:45:15	2:52:05	08:30:09	2
14	231	LE MANACH	Claire	Women	1:50:51	3:49:01	2:50:34	08:30:26	2
15	232	LE ROUX	Alain	Men	1:45:13	3:44:14	3:02:58	08:32:25	2
16	239	MULLER	Niel	Men	2:00:53	3:49:42	2:49:27	08:40:02	3
17	242	NEETHLING	Anton	Men	1:49:54	3:43:10	3:07:03	08:40:07	4
18	243	NEETHLING	Riana	Women	1:58:37	3:46:00	2:58:59	08:43:36	3
19	202	AYTON	Marie	Women	1:54:48	3:46:18	3:03:20	08:44:26	1
20	209	DE BEER	Zach	Men	1:54:46	3:46:21	3:03:22	08:44:29	3
21	265	WENTZEL	Karen	Women	2:00:10	3:44:31	2:59:54	08:44:35	2
22	207	DA SILVA	Moelier	Men	1:55:41	4:00:05	2:55:03	08:50:49	5
23	225	HISHIN	Andrew	Men	1:57:13	3:54:21	3:01:05	08:52:39	4
24	217	ERASMUS	Estelle	Women	1:50:59	3:48:27	3:14:27	08:53:53	3
25	262	VOLLMER	Karsten	Men	1:57:32	4:02:55	3:03:09	09:03:36	5
26	244	OOSTHUIZEN	Andre	Men	2:15:07	4:03:00	2:49:26	09:07:33	9
27	215	DUK	William	Men	1:40:32	4:16:18	3:12:31	09:09:21	6
28	219	FOURIE	Marise	Women	2:01:00	4:04:14	3:05:28	09:10:42	4
29	235	MARÉ	Daniel	Men	2:00:13	3:58:39	3:11:58	09:10:50	7
30	234	MACKINNON	Jean	Women	2:01:20	4:04:14	3:05:30	09:11:04	4
31	223	GOES	Janine	Women	2:01:20	4:04:14	3:05:31	09:11:05	2
32	246	RALPHS	Etienne	Men	2:02:46	4:00:41	3:07:47	09:11:14	8
33	1002	APPELGRYN	Wynand	Men	2:10:29	3:36:06	3:37:33	09:24:08	10
34	252	SANDER	Darrel	Men	2:02:45	4:04:06	3:17:39	09:24:30	9
35	253	SHAW	Anthony	Men	2:02:46	4:04:04	3:17:41	09:24:31	10
36	261	VENTER	Helette	Women	2:06:23	4:20:45	3:01:03	09:28:11	5
37	214	DUK	Briggie	Women	2:02:10	4:16:18	3:12:34	09:31:02	6
38	230	LAUREAU	Kurt	Men	2:07:23	4:24:24	3:22:12	09:53:59	11
39	221	FRISCHMUTH	Carsten	Men	2:00:01	4:29:15	3:27:15	09:56:31	12
40	216	ERASMUS	Tania	Women	2:13:09	4:18:41	3:26:58	09:58:48	7
41	220	FRISCHMUTH	Annine	Women	2:05:54	4:31:12	3:27:13	10:04:19	8
42	2002	VAN HEERDEN	Hennie	Men	2:10:30	4:20:44	3:37:29	10:08:43	11
43	267	WILSON	Larry	Men	2:03:25	4:34:54	3:37:24	10:15:43	6
44	251	SADLER	Wayne	Men	2:26:03	4:09:38	3:49:46	10:25:27	12
45	200	ABBAS	Mustaq	Men	2:26:13	4:18:38	3:47:22	10:32:13	13

46	222	GLENDAY	Julia	Women	2:11:04	5:01:27	3:37:45	10:50:16	5
47	258	VAN BREUKELEN	Rene	Women	2:15:41	4:52:01	3:47:33	10:55:15	9
48	208	DAYARAM	Anisha	Women	2:20:10	5:01:27	3:37:47	10:59:24	6
49	210	DE WET	Ans-Mari	Women	2:10:42	5:06:36	3:44:33	11:01:51	7
50	218	FIRFIREY	Zakeriya	Men	2:39:13	4:41:10	3:47:25	11:07:48	14
51	212	DLAMINI	Duduzile	Women	2:36:51	4:52:02	3:44:19	11:13:12	3
52	237	MOSTERT	Ilse	Women	2:26:38	5:13:34	3:51:27	11:31:39	10
53	240	MUTETWA	Owen	Men	2:52:01	5:16:36	3:57:55	12:06:32	15
54	263	WAGNER	Ben	Men	2:52:10	5:16:36	3:57:55	12:06:41	16
55	211	DE WET	Lambert	Men	2:39:36	5:41:02	4:11:12	12:31:50	13
56	229	KRIEL	Glen	Men	3:06:08	5:45:10	4:17:10	13:08:28	7
	248	ROOS	Marsel	Men	1:29:55	5:45:31	3:04:08	10:19:34	
	270	WIERZBA	Marc	Men	1:31:13	3:03:11	DNS		
	205	BOSMAN	Helen	Women	DNS	3:27:30	2:28:47		
	266	WEYERS	Stephan	Men	DNS	4:05:21	2:48:20		
	227	KEYSER	Karel	Men	DNS	4:10:45	DNS		
	204	BOLLE	Shelley	Women	DNS	5:13:34	3:33:47		
	226	HOLVEC	Nicci	Women	DNS	DNF	3:03:11		

Overall Male

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	249	RUKADZA	Bernard	1:19:26	2:28:44	1:58:31	05:46:41	1
2	238	MISIZI	Melikhaya	1:19:26	2:40:34	1:59:43	05:59:43	2
3	228	KOOYMAN	Ben	1:28:51	2:40:56	2:20:58	06:30:45	3
4	269	MOUTON	Eddie	1:29:55	2:51:15	2:17:43	06:38:53	1
5	247	RENNIE	Duncan	1:23:49	3:08:48	2:28:00	07:00:37	4
6	213	DU RANDT	Zane	1:33:46	3:09:59	2:28:48	07:12:33	5
7	203	BARKER	Paul	1:35:15	3:13:16	2:41:43	07:30:14	6
8	206	CLARK	Shannon	1:38:44	3:17:44	2:40:52	07:37:20	1
9	241	MYEZA	Sabelo	1:43:04	3:37:44	2:41:15	08:02:03	7
10	264	WATKYNS	Jim	1:43:27	3:43:01	2:48:52	08:15:20	8
11	245	ORRIE	Ashraf	1:52:49	3:45:15	2:52:05	08:30:09	2
12	232	LE ROUX	Alain	1:45:13	3:44:14	3:02:58	08:32:25	2
13	239	MULLER	Niel	2:00:53	3:49:42	2:49:27	08:40:02	3
14	242	NEETHLING	Anton	1:49:54	3:43:10	3:07:03	08:40:07	4
15	209	DE BEER	Zach	1:54:46	3:46:21	3:03:22	08:44:29	3
16	207	DA SILVA	Moenier	1:55:41	4:00:05	2:55:03	08:50:49	5
17	225	HISHIN	Andrew	1:57:13	3:54:21	3:01:05	08:52:39	4
18	262	VOLLMER	Karsten	1:57:32	4:02:55	3:03:09	09:03:36	5
19	244	OOSTHUIZEN	Andre	2:15:07	4:03:00	2:49:26	09:07:33	9
20	215	DUK	William	1:40:32	4:16:18	3:12:31	09:09:21	6
21	235	MARÉ	Daniel	2:00:13	3:58:39	3:11:58	09:10:50	7
22	246	RALPHS	Etienne	2:02:46	4:00:41	3:07:47	09:11:14	8
23	1002	APPELGRYN	Wynand	2:10:29	3:36:06	3:37:33	09:24:08	10
24	252	SANDER	Darrel	2:02:45	4:04:06	3:17:39	09:24:30	9
25	253	SHAW	Anthony	2:02:46	4:04:04	3:17:41	09:24:31	10
26	230	LAUREAU	Kurt	2:07:23	4:24:24	3:22:12	09:53:59	11
27	221	FRISCHMUTH	Carsten	2:00:01	4:29:15	3:27:15	09:56:31	12
28	2002	VAN HEERDEN	Hennie	2:10:30	4:20:44	3:37:29	10:08:43	11
29	267	WILSON	Larry	2:03:25	4:34:54	3:37:24	10:15:43	6
30	251	SADLER	Wayne	2:26:03	4:09:38	3:49:46	10:25:27	12
31	200	ABBAS	Mustaq	2:26:13	4:18:38	3:47:22	10:32:13	13
32	218	FIRFIREY	Zakeriya	2:39:13	4:41:10	3:47:25	11:07:48	14
33	240	MUTETWA	Owen	2:52:01	5:16:36	3:57:55	12:06:32	15
34	263	WAGNER	Ben	2:52:10	5:16:36	3:57:55	12:06:41	16
35	211	DE WET	Lambert	2:39:36	5:41:02	4:11:12	12:31:50	13
36	229	KRIEL	Glen	3:06:08	5:45:10	4:17:10	13:08:28	7
	248	ROOS	Marsel	1:29:55	5:45:31	3:04:08	10:19:34	

Overall Female								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	268	WRIGHT	Margitta	1:35:57	3:04:25	2:32:03	07:12:25	1
2	236	MOSTERT	Ann-Maree	1:38:24	3:12:51	2:36:11	07:27:26	1
3	231	LE MANACH	Claire	1:50:51	3:49:01	2:50:34	08:30:26	2
4	243	NEETHLING	Riana	1:58:37	3:46:00	2:58:59	08:43:36	3
5	202	AYTON	Marie	1:54:48	3:46:18	3:03:20	08:44:26	1
6	265	WENTZEL	Karen	2:00:10	3:44:31	2:59:54	08:44:35	2
7	217	ERASMUS	Estelle	1:50:59	3:48:27	3:14:27	08:53:53	3
8	219	FOURIE	Marise	2:01:00	4:04:14	3:05:28	09:10:42	4
9	234	MACKINNON	Jean	2:01:20	4:04:14	3:05:30	09:11:04	4
10	223	GOES	Janine	2:01:20	4:04:14	3:05:31	09:11:05	2
11	261	VENTER	Helette	2:06:23	4:20:45	3:01:03	09:28:11	5
12	214	DUK	Briggie	2:02:10	4:16:18	3:12:34	09:31:02	6
13	216	ERASMUS	Tania	2:13:09	4:18:41	3:26:58	09:58:48	7
14	220	FRISCHMUTH	Annine	2:05:54	4:31:12	3:27:13	10:04:19	8
15	222	GLENDAY	Julia	2:11:04	5:01:27	3:37:45	10:50:16	5
16	258	VAN BREUKELEN	Rene	2:15:41	4:52:01	3:47:33	10:55:15	9
17	208	DAYARAM	Anisha	2:20:10	5:01:27	3:37:47	10:59:24	6
18	210	DE WET	Ans-Mari	2:10:42	5:06:36	3:44:33	11:01:51	7
19	212	DLAMINI	Duduzile	2:36:51	4:52:02	3:44:19	11:13:12	3
20	237	MOSTERT	Ilse	2:26:38	5:13:34	3:51:27	11:31:39	10
	205	BOSMAN	Helen	DNS	3:27:30	2:28:47		
	204	BOLLE	Shelley	DNS	5:13:34	3:33:47		
	226	HOLVEC	Nicci	DNS	DNF	3:03:11		

Open Male								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	249	RUKADZA	Bernard	1:19:26	2:28:44	1:58:31	05:46:41	1
2	238	MISIZI	Melikhaya	1:19:26	2:40:34	1:59:43	05:59:43	2
3	228	KOOYMAN	Ben	1:28:51	2:40:56	2:20:58	06:30:45	3
4	247	RENNIE	Duncan	1:23:49	3:08:48	2:28:00	07:00:37	4
5	213	DU RANDT	Zane	1:33:46	3:09:59	2:28:48	07:12:33	5
6	203	BARKER	Paul	1:35:15	3:13:16	2:41:43	07:30:14	6
7	241	MYEZA	Sabelo	1:43:04	3:37:44	2:41:15	08:02:03	7
8	264	WATKYN	Jim	1:43:27	3:43:01	2:48:52	08:15:20	8
9	244	OOSTHUIZEN	Andre	2:15:07	4:03:00	2:49:26	09:07:33	9
10	1002	APPELGRYN	Wynand	2:10:29	3:36:06	3:37:33	09:24:08	10
11	2002	VAN HEERDEN	Hennie	2:10:30	4:20:44	3:37:29	10:08:43	11
12	251	SADLER	Wayne	2:26:03	4:09:38	3:49:46	10:25:27	12
13	211	DE WET	Lambert	2:39:36	5:41:02	4:11:12	12:31:50	13
	227	KEYSER	Karel	DNS	4:10:45	DNS		

Open Female								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	268	WRIGHT	Margitta	1:35:57	3:04:25	2:32:03	07:12:25	1
2	231	LE MANACH	Claire	1:50:51	3:49:01	2:50:34	08:30:26	2
3	243	NEETHLING	Riana	1:58:37	3:46:00	2:58:59	08:43:36	3
4	219	FOURIE	Marise	2:01:00	4:04:14	3:05:28	09:10:42	4
5	222	GLENDAY	Julia	2:11:04	5:01:27	3:37:45	10:50:16	5
6	208	DAYARAM	Anisha	2:20:10	5:01:27	3:37:47	10:59:24	6
7	210	DE WET	Ans-Mari	2:10:42	5:06:36	3:44:33	11:01:51	7
	205	BOSMAN	Helen	DNS	3:27:30	2:28:47		
	204	BOLLE	Shelley	DNS	5:13:34	3:33:47		
	226	HOLVEC	Nicci	DNS	DNF	3:03:11		

Vet Male								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	269	MOUTON	Eddie	1:29:55	2:51:15	2:17:43	06:38:53	1
2	232	LE ROUX	Alain	1:45:13	3:44:14	3:02:58	08:32:25	2
3	239	MULLER	Niel	2:00:53	3:49:42	2:49:27	08:40:02	3
4	242	NEETHLING	Anton	1:49:54	3:43:10	3:07:03	08:40:07	4
5	207	DA SILVA	Moenier	1:55:41	4:00:05	2:55:03	08:50:49	5
6	215	DUK	William	1:40:32	4:16:18	3:12:31	09:09:21	6
7	235	MARÉ	Daniel	2:00:13	3:58:39	3:11:58	09:10:50	7
8	246	RALPHS	Etienne	2:02:46	4:00:41	3:07:47	09:11:14	8
9	252	SANDER	Darrel	2:02:45	4:04:06	3:17:39	09:24:30	9
10	253	SHAW	Anthony	2:02:46	4:04:04	3:17:41	09:24:31	10
11	230	LAUREAU	Kurt	2:07:23	4:24:24	3:22:12	09:53:59	11
12	221	FRISCHMUTH	Carsten	2:00:01	4:29:15	3:27:15	09:56:31	12
13	200	ABBAS	Mustaq	2:26:13	4:18:38	3:47:22	10:32:13	13
14	218	FIRFIREY	Zakeriya	2:39:13	4:41:10	3:47:25	11:07:48	14
15	240	MUTETWA	Owen	2:52:01	5:16:36	3:57:55	12:06:32	15
16	263	WAGNER	Ben	2:52:10	5:16:36	3:57:55	12:06:41	16

Vet Female								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	236	MOSTERT	Ann-Maree	1:38:24	3:12:51	2:36:11	07:27:26	1
2	265	WENTZEL	Karen	2:00:10	3:44:31	2:59:54	08:44:35	2
3	217	ERASMUS	Estelle	1:50:59	3:48:27	3:14:27	08:53:53	3
4	234	MACKINNON	Jean	2:01:20	4:04:14	3:05:30	09:11:04	4
5	261	VENTER	Helette	2:06:23	4:20:45	3:01:03	09:28:11	5
6	214	DUK	Briggie	2:02:10	4:16:18	3:12:34	09:31:02	6
7	216	ERASMUS	Tania	2:13:09	4:18:41	3:26:58	09:58:48	7
8	220	FRISCHMUTH	Annine	2:05:54	4:31:12	3:27:13	10:04:19	8
9	258	VAN BREUKELEN	Rene	2:15:41	4:52:01	3:47:33	10:55:15	9
10	237	MOSTERT	Ilse	2:26:38	5:13:34	3:51:27	11:31:39	10

Master Male								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	206	CLARK	Shannon	1:38:44	3:17:44	2:40:52	07:37:20	1
2	245	ORRIE	Ashraf	1:52:49	3:45:15	2:52:05	08:30:09	2
3	209	DE BEER	Zach	1:54:46	3:46:21	3:03:22	08:44:29	3
4	225	HISHIN	Andrew	1:57:13	3:54:21	3:01:05	08:52:39	4
5	262	VOLLMER	Karsten	1:57:32	4:02:55	3:03:09	09:03:36	5
6	267	WILSON	Larry	2:03:25	4:34:54	3:37:24	10:15:43	6
7	229	KRIEL	Glen	3:06:08	5:45:10	4:17:10	13:08:28	7

Master Female								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	202	AYTON	Marie	1:54:48	3:46:18	3:03:20	08:44:26	1
2	223	GOES	Janine	2:01:20	4:04:14	3:05:31	09:11:05	2
3	212	DLAMINI	Duduzile	2:36:51	4:52:02	3:44:19	11:13:12	3

RCS SOX FULL TEAMS

Overall Teams									
POS	BIB#	SURNAME	NAME	GENDER	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	2015	TSAWAYO	Peter	Male	1:30:39	2:59:57	2:05:08	06:35:44	1
1	1015	PAYA	Imran	Male	1:30:39	2:59:57	2:05:08	06:35:44	1
2	2009	HARKER	Paul	Male	1:32:44	3:11:12	2:29:32	07:13:28	2
2	1009	HARKER	Guy	Male	1:32:44	3:11:12	2:29:35	07:13:31	2
3	1014	WESTVIG	Karl	Male	1:41:03	3:20:39	2:52:01	07:53:43	1
3	2014	ISAACS	Aubrey	Male	1:41:03	3:20:39	2:52:04	07:53:46	1
4	201	ATIE	Leor	Male	1:46:32	3:39:01	2:57:53	08:23:26	2
4	256	STODEL	Nick	Male	1:46:32	3:39:01	02:57:53	08:23:26	2
5	2005	HOCKLY	Stuart	Male	01:55:00	3:52:58	2:54:18	08:42:16	3
5	1005	BUTLER	Warrick	Male	1:55:00	3:52:58	2:54:18	08:42:16	3
6	2008	DU TREVOU	Desiree	Mixed	1:56:16	4:01:26	3:02:58	09:00:40	1
6	1008	DU TREVOU	Sheldon	Mixed	1:56:16	4:01:26	3:03:01	09:00:43	1
7	2010	DE VRIES	Marietjie	Female	1:56:51	4:03:20	3:24:56	09:25:07	1
7	1010	NEL	Ilse	Female	1:56:51	4:03:20	3:24:56	09:25:07	1
8	1011	OLIVER	Grant	Mixed	2:08:22	4:03:02	3:15:38	09:27:02	1
8	2011	OLIVER	Moira	Mixed	2:08:22	4:03:02	3:15:42	09:27:06	1
9	2003	ECKSTEIN	Nicky	Mixed	2:00:13	4:36:47	3:28:53	10:05:53	1
9	1003	BELLAIRS	David	Mixed	2:00:13	4:36:47	3:28:57	10:05:57	1
10	2007	CUMMING	Paul	Mixed	2:08:22	4:38:49	3:25:50	10:13:01	2
10	1007	CUMMING-STEWART	Hayley	Mixed	2:08:22	4:38:49	3:25:51	10:13:01	2
11	2004	JOHANNES	Tyshia	Female	2:27:37	5:01:46	3:51:42	11:21:05	1
11	1004	BOBOTYANA	Phumeza	Female	2:27:37	5:01:46	3:51:42	11:21:05	1
12	1006	CARTER	Brad	Mixed	2:48:49	5:00:08	3:47:10	11:36:07	3
12	2006	CARTER	Tanya	Mixed	2:48:49	5:00:08	3:47:11	11:36:08	3

Overall Male Teams								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	2015	TSAWAYO	Peter	1:30:39	2:59:57	2:05:08	06:35:44	1
1	1015	PAYA	Imran	1:30:39	2:59:57	2:05:08	06:35:44	1
2	2009	HARKER	Paul	1:32:44	3:11:12	2:29:32	07:13:28	2
2	1009	HARKER	Guy	1:32:44	3:11:12	2:29:35	07:13:31	2
3	1014	WESTVIG	Karl	1:41:03	3:20:39	2:52:01	07:53:43	1
3	2014	ISAACS	Aubrey	1:41:03	3:20:39	2:52:04	07:53:46	1
4	201	ATIE	Leor	1:46:32	3:39:01	2:57:53	08:23:26	2
4	256	STODEL	Nick	1:46:32	3:39:01	02:57:53	08:23:26	2
5	2005	HOCKLY	Stuart	01:55:00	3:52:58	2:54:18	08:42:16	3
5	1005	BUTLER	Warrick	1:55:00	3:52:58	2:54:18	08:42:16	3

Overall Female Teams								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	2010	DE VRIES	Marietjie	1:56:51	4:03:20	3:24:56	09:25:07	1
1	1010	NEL	Ilse	1:56:51	4:03:20	3:24:56	09:25:07	1
2	2004	JOHANNES	Tyshia	2:27:37	5:01:46	3:51:42	11:21:05	1
2	1004	BOBOTYANA	Phumeza	2:27:37	5:01:46	3:51:42	11:21:05	1

Overall Mixed Teams								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	2008	DU TREVOU	Desiree	1:56:16	4:01:26	3:02:58	09:00:40	1
1	1008	DU TREVOU	Sheldon	1:56:16	4:01:26	3:03:01	09:00:43	1
2	1011	OLIVER	Grant	2:08:22	4:03:02	3:15:38	09:27:02	1

2	2011	OLIVER	Moira	2:08:22	4:03:02	3:15:42	09:27:06	1
3	2003	ECKSTEIN	Nicky	2:00:13	4:36:47	3:28:53	10:05:53	1
3	1003	BELLAIRS	David	2:00:13	4:36:47	3:28:57	10:05:57	1
4	2007	CUMMING	Paul	2:08:22	4:38:49	3:25:50	10:13:01	2
4	1007	CUMMING-STEWART	Hayley	2:08:22	4:38:49	3:25:51	10:13:01	2
5	1006	CARTER	Brad	2:48:49	5:00:08	3:47:10	11:36:07	3
5	2006	CARTER	Tanya	2:48:49	5:00:08	3:47:11	11:36:08	3

Vet Male Teams

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	1014	WESTVIG	Karl	1:41:03	3:20:39	2:52:01	07:53:43	1
1	2014	ISAACS	Aubrey	1:41:03	3:20:39	2:52:04	07:53:46	1
2	201	ATIE	Leor	1:46:32	3:39:01	2:57:53	08:23:26	2
2	256	STODEL	Nick	1:46:32	3:39:01	02:57:53	08:23:26	2
3	2005	HOCKLY	Stuart	01:55:00	3:52:58	2:54:18	08:42:16	3
3	1005	BUTLER	Warrick	1:55:00	3:52:58	2:54:18	08:42:16	3

Vet Female Teams

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	2010	DE VRIES	Marietjie	1:56:51	4:03:20	3:24:56	09:25:07	1
1	1010	NEL	Ilse	1:56:51	4:03:20	3:24:56	09:25:07	1
2	2004	JOHANNES	Tyshia	2:27:37	5:01:46	3:51:42	11:21:05	1
2	1004	BOBOTYANA	Phumeza	2:27:37	5:01:46	3:51:42	11:21:05	1

Vet Mixed Teams

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	2003	ECKSTEIN	Nicky	2:00:13	4:36:47	3:28:53	10:05:53	1
1	1003	BELLAIRS	David	2:00:13	4:36:47	3:28:57	10:05:57	1

RCS SOX SPORT

Overall

POS	BIB#	SURNAME	NAME	GENDER	DAY 3	DAY 2	DAY 1	OVERALL	CAT POS
1	306	STRYDOM	Chris	Men	1:18:12	1:35:19	2:13:24	05:06:55	1
2	260	VAN DER MERWE	Lola	Women	1:43:33	1:58:13	2:58:49	06:40:35	1
3	332	KING	Ken	Men	1:44:20	2:03:30	2:56:20	06:44:10	2
4	224	HEERSCHAP	Liezl	Women	1:48:15	2:03:32	2:54:51	06:46:38	2
5	355	RADEMEYER	Lizaan	Women	1:48:13	2:03:07	2:58:44	06:50:04	1
6	365	VAN TAAK	Phillip	Men	1:48:00	2:01:14	3:09:09	06:58:23	1
7	347	NAUDE	Kate	Women	1:52:33	2:05:55	3:18:07	07:16:35	2
8	255	STEYTLER	Tiekie	Women	1:55:47	2:14:49	3:07:52	07:18:28	3
9	321	GERBER	Larine	Women	1:46:50	2:06:27	3:25:43	07:19:00	4
10	334	KIRCHMANN	Amy	Women	1:54:57	2:12:33	3:12:02	07:19:32	3
11	339	KRUGER	Jani	Women	1:48:14	2:14:39	3:24:18	07:27:11	4
12	331	KELLY	Robin	Men	1:54:59	2:09:09	3:23:24	07:27:32	2
13	2066	ODENDAAL	Maryke	Women	1:52:18	2:18:40	3:25:42	07:36:40	6
14	330	JORDAAN	Sumene	Women	1:51:35	2:23:26	3:26:04	07:41:05	5
15	305	BOTHA	Marolene	Women	1:51:33	2:23:27	3:26:07	07:41:07	6
16	366	VAN TAAK	Nadine	Women	1:52:00	2:23:26	3:26:07	07:41:33	5
17	351	NEWMARK	Nadine	Women	2:05:00	2:15:39	3:34:28	07:55:07	7
18	352	OLIVIER	Lana	Women	2:03:02	2:18:40	3:34:02	07:55:44	8
19	369	WRIGHT	Andrew	Men	2:06:26	2:16:44	3:33:27	07:56:37	3
20	308	CILLIERS	Marian	Women	2:17:35	2:23:26	3:25:52	08:06:53	7
21	2061	DE NECKER	Alecia	Women	2:11:32	2:20:48	3:34:38	08:06:58	8
22	1061	DE NECKER	Pieter	Men	2:11:33	2:20:48	3:34:39	08:07:00	4
23	322	GORDON	Shafeeqah	Women	2:08:02	2:38:38	3:20:58	08:07:38	9

24	364	VAN RENSBURG	Camm	Men	2:01:20	2:19:07	3:48:14	08:08:41	5
25	345	LUGER	Michaela	Women	2:05:05	2:28:58	3:35:18	08:09:21	9
26	362	TOWNSHEND	Tanya	Women	2:05:04	2:28:58	3:35:20	08:09:22	1
27	311	DE PAIVA	Zelda	Women	2:14:19	2:24:59	3:39:45	08:19:03	10
28	2067	EDGAR	Andrea	Women	2:10:08	2:35:51	3:34:08	08:20:07	10
29	1067	SHAP	Joelene	Women	2:10:20	2:35:52	3:34:09	08:20:21	11
30	327	JANSE VAN RENSE	Francois	Men	2:21:54	2:35:43	3:27:05	08:24:42	6
31	360	SULLIVAN	Grant	Men	2:14:27	2:28:23	3:47:34	08:30:24	1
32	356	RAIMONDO	Nadia	Women	2:15:15	2:31:44	3:43:50	08:30:49	12
33	1066	ODENDAAL	Louis	Men	2:15:09	2:37:05	3:41:38	08:33:52	7
34	307	CILLIERS	Bertus	Men	2:17:36	2:37:32	3:41:42	08:36:50	8
35	1065	MOSTERT	Lauren	Women	2:21:16	2:36:47	3:39:28	08:37:31	13
36	2065	LOUW	Esti	Women	2:21:18	2:36:47	3:39:31	08:37:36	14
37	318	ESPIN	Bretta	Women	2:15:41	2:45:33	3:41:46	08:43:00	11
38	335	KROPMAN	Brent	Men	2:17:04	2:41:42	3:51:57	08:50:43	3
39	2068	VAN SCHALKWYK	Dieter	Women	2:26:06	2:47:14	3:37:42	08:51:02	12
40	344	LIEBENBERG	Chris	Men	2:16:54	2:37:02	3:57:28	08:51:24	9
41	343	LIEBENBERG	Ireta	Women	2:16:57	2:37:02	3:57:28	08:51:27	13
42	342	LE ROUX	Kim	Women	2:17:39	2:50:42	3:48:47	08:57:08	14
43	358	SANGLAY	Hamid	Men	2:05:15	3:07:13	3:48:36	09:01:04	2
44	2001	ANNANDALE	Amanda	Women	2:15:27	2:47:56	4:00:19	09:03:42	15
45	1001	ANNANDALE	Emile	Men	2:15:28	2:47:57	4:00:21	09:03:46	10
46	368	WEBER	Karl	Men	2:22:59	2:56:23	3:45:44	09:05:06	3
47	254	STEWARDSO	Marc	Men	2:27:31	2:39:41	4:02:21	09:09:33	4
48	2064	HUNTER	Julia	Women	2:26:09	2:48:42	3:56:22	09:11:13	15
49	333	KING	Simone	Women	2:27:56	2:43:14	4:01:38	09:12:48	16
50	350	NEL	Amy	Women	2:20:42	2:53:48	4:13:59	09:28:29	17
51	319	ESTERHUYSE	Liza	Women	2:33:21	2:53:47	4:01:22	09:28:30	18
52	304	BLAISSE	Saskia	Women	2:30:39	2:47:19	4:13:56	09:31:54	16
53	250	SADLER	Cornelia	Women	2:26:03	3:02:01	4:18:34	09:46:38	19
54	300	ABRAHAMS	Abu	Men	2:39:12	3:07:13	4:31:10	10:17:35	4
55	357	RAZZAK	Samad	Men	2:39:09	3:07:16	4:31:25	10:17:50	5
56	348	NEETHLING	Marinus	Men	2:25:00	3:28:35	4:29:11	10:22:46	11
57	349	NEETHLING	Antoinette	Women	2:24:59	3:28:36	4:29:12	10:22:47	17
58	354	PRETORIUS	Retha	Women	2:24:59	3:28:36	4:29:12	10:22:47	18
59	313	DOUGLAS	Bronwyn	Women	2:48:19	3:05:17	4:30:18	10:23:54	19
60	363	SHAW	Tracy	Women	2:37:15	3:10:17	4:44:08	10:31:40	20
61	259	VAN BREUKELEN	Philippa	Women	2:37:16	3:10:21	4:44:13	10:31:50	20
62	413	JACOBIE	Justin	Men	2:39:14	3:28:38	4:28:17	10:36:09	5
63	336	KROPMAN	Annemarie	Women	2:57:42	3:15:44	4:25:05	10:38:31	21
64	326	JANSE	Margot	Women	2:41:22	3:24:05	4:34:11	10:39:38	22
65	233	LUPTON-SMITH	Gillian Ann	Women	2:47:35	3:26:02	4:48:32	11:02:09	21
66	2013	SWAINSON	Paul	Men	2:37:18	3:07:00	5:20:51	11:05:09	12
67	303	BEATTIE	Amelia	Women	2:59:04	3:29:31	4:45:45	11:14:20	23
68	310	DAVIDS	Juanita	Women	3:11:41	3:28:38	4:34:12	11:14:31	24
69	316	DUGGAN	Diane	Women	2:54:12	3:30:58	4:50:14	11:15:24	2
70	323	HUNTER	Janet	Women	2:54:16	3:31:00	4:50:14	11:15:30	3
71	301	ADONIS	Jeanne	Women	3:06:08	3:24:05	4:49:54	11:20:07	25
72	257	VAN HEERDEN	Sonica	Women	3:00:34	3:28:39	5:16:19	11:45:32	26
73	367	VAN DER WALT	Adam	Men	4:13:05	5:19:22	6:11:25	15:43:52	6
	2062	KONICK	Joanie	Women	2:47:55	5:19:16	6:11:19	14:18:30	
	1062	HATTINGH	Sinead	Women	4:12:58	5:19:21	6:11:25	15:43:44	
	320	GERBER	Hendrik	Men	1:31:36	DNS	DNS		
	1064	HUNTER	Rod	Men	DNS	DNS	3:56:21		
	329	JOUBERT	Jeanine	Women	1:55:00	DNS	3:25:44		
	341	LAWRENCE	Fred	Men	DNS	2:53:54	4:20:37		
	353	PIETERSE	Andre	Men	DNS	2:56:39	4:05:55		
	1013	SWAINSON	Sarah	Women	2:37:29	DNS	DNF		
	1068	VAN SCHALKWYK	Ansie	Men	2:26:05	2:47:10	DNS		

Overall Male								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	306	STRYDOM	Chris	1:18:12	1:35:19	2:13:24	05:06:55	1
2	332	KING	Ken	1:44:20	2:03:30	2:56:20	06:44:10	2
3	365	VAN TAAK	Phillip	1:48:00	2:01:14	3:09:09	06:58:23	1
4	331	KELLY	Robin	1:54:59	2:09:09	3:23:24	07:27:32	2
5	369	WRIGHT	Andrew	2:06:26	2:16:44	3:33:27	07:56:37	3
6	1061	DE NECKER	Pieter	2:11:33	2:20:48	3:34:39	08:07:00	4
7	364	VAN RENSBURG	Camm	2:01:20	2:19:07	3:48:14	08:08:41	5
8	327	JANSE VAN RENSE	Francois	2:21:54	2:35:43	3:27:05	08:24:42	6
9	360	SULLIVAN	Grant	2:14:27	2:28:23	3:47:34	08:30:24	1
10	1066	ODENDAAL	Louis	2:15:09	2:37:05	3:41:38	08:33:52	7
11	307	CILLIERS	Bertus	2:17:36	2:37:32	3:41:42	08:36:50	8
12	335	KROPMAN	Brent	2:17:04	2:41:42	3:51:57	08:50:43	3
13	344	LIEBENBERG	Chris	2:16:54	2:37:02	3:57:28	08:51:24	9
14	358	SANGLAY	Hamid	2:05:15	3:07:13	3:48:36	09:01:04	2
15	1001	ANNANDALE	Emile	2:15:28	2:47:57	4:00:21	09:03:46	10
16	368	WEBER	Karl	2:22:59	2:56:23	3:45:44	09:05:06	3
17	254	STEWARDSOON	Marc	2:27:31	2:39:41	4:02:21	09:09:33	4
18	300	ABRAHAMS	Abu	2:39:12	3:07:13	4:31:10	10:17:35	4
19	357	RAZZAK	Samad	2:39:09	3:07:16	4:31:25	10:17:50	5
20	348	NEETHLING	Marinus	2:25:00	3:28:35	4:29:11	10:22:46	11
21	413	JACOBIE	Justin	2:39:14	3:28:38	4:28:17	10:36:09	5
22	2013	SWAINSON	Paul	2:37:18	3:07:00	5:20:51	11:05:09	12
23	367	VAN DER WALT	Adam	4:13:05	5:19:22	6:11:25	15:43:52	6
	320	GERBER	Hendrik	1:31:36	DNS	DNS		
	1064	HUNTER	Rod	DNS	DNS	3:56:21		
	341	LAWRENCE	Fred	DNS	2:53:54	4:20:37		
	353	PIETERSE	Andre	DNS	2:56:39	4:05:55		
	1068	VAN SCHALKWYK	Ansie	2:26:05	2:47:10	DNS		

Overall Female								
POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
2	260	VAN DER MERWE	Lola	1:43:33	1:58:13	2:58:49	06:40:35	1
4	224	HEERSCHAP	Liezl	1:48:15	2:03:32	2:54:51	06:46:38	2
5	355	RADEMEYER	Lizaan	1:48:13	2:03:07	2:58:44	06:50:04	1
7	347	NAUDE	Kate	1:52:33	2:05:55	3:18:07	07:16:35	2
8	255	STEYTLER	Tiekie	1:55:47	2:14:49	3:07:52	07:18:28	3
9	321	GERBER	Larine	1:46:50	2:06:27	3:25:43	07:19:00	4
10	334	KIRCHMANN	Amy	1:54:57	2:12:33	3:12:02	07:19:32	3
11	339	KRUGER	Jani	1:48:14	2:14:39	3:24:18	07:27:11	4
13	2066	ODENDAAL	Maryke	1:52:18	2:18:40	3:25:42	07:36:40	6
14	330	JORDAAN	Sumene	1:51:35	2:23:26	3:26:04	07:41:05	5
15	305	BOTHA	Marolene	1:51:33	2:23:27	3:26:07	07:41:07	6
16	366	VAN TAAK	Nadine	1:52:00	2:23:26	3:26:07	07:41:33	5
17	351	NEWMARK	Nadine	2:05:00	2:15:39	3:34:28	07:55:07	7
18	352	OLIVIER	Lana	2:03:02	2:18:40	3:34:02	07:55:44	8
20	308	CILLIERS	Marian	2:17:35	2:23:26	3:25:52	08:06:53	7
21	2061	DE NECKER	Alecia	2:11:32	2:20:48	3:34:38	08:06:58	8
23	322	GORDON	Shafeeqah	2:08:02	2:38:38	3:20:58	08:07:38	9
25	345	LUGER	Michaela	2:05:05	2:28:58	3:35:18	08:09:21	9
26	362	TOWNSHEND	Tanya	2:05:04	2:28:58	3:35:20	08:09:22	1
27	311	DE PAIVA	Zelda	2:14:19	2:24:59	3:39:45	08:19:03	10
28	2067	EDGAR	Andrea	2:10:08	2:35:51	3:34:08	08:20:07	10
29	1067	SHAP	Joelene	2:10:20	2:35:52	3:34:09	08:20:21	11
32	356	RAIMONDO	Nadia	2:15:15	2:31:44	3:43:50	08:30:49	12
35	1065	MOSTERT	Lauren	2:21:16	2:36:47	3:39:28	08:37:31	13

36	2065	LOUW	Esti	2:21:18	2:36:47	3:39:31	08:37:36	14
37	318	ESPIN	Bretta	2:15:41	2:45:33	3:41:46	08:43:00	11
39	2068	VAN SCHALKWYK	Dieter	2:26:06	2:47:14	3:37:42	08:51:02	12
41	343	LIEBENBERG	Ireta	2:16:57	2:37:02	3:57:28	08:51:27	13
42	342	LE ROUX	Kim	2:17:39	2:50:42	3:48:47	08:57:08	14
44	2001	ANNANDALE	Amanda	2:15:27	2:47:56	4:00:19	09:03:42	15
48	2064	HUNTER	Julia	2:26:09	2:48:42	3:56:22	09:11:13	15
49	333	KING	Simone	2:27:56	2:43:14	4:01:38	09:12:48	16
50	350	NEL	Amy	2:20:42	2:53:48	4:13:59	09:28:29	17
51	319	ESTERHUYSE	Liza	2:33:21	2:53:47	4:01:22	09:28:30	18
52	304	BLAISSE	Saskia	2:30:39	2:47:19	4:13:56	09:31:54	16
53	250	SADLER	Cornelia	2:26:03	3:02:01	4:18:34	09:46:38	19
57	349	NEETHLING	Antoinette	2:24:59	3:28:36	4:29:12	10:22:47	17
58	354	PRETORIUS	Retha	2:24:59	3:28:36	4:29:12	10:22:47	18
59	313	DOUGLAS	Bronwyn	2:48:19	3:05:17	4:30:18	10:23:54	19
60	363	SHAW	Tracy	2:37:15	3:10:17	4:44:08	10:31:40	20
61	259	VAN BREUKELEN	Philippa	2:37:16	3:10:21	4:44:13	10:31:50	20
63	336	KROPMAN	Annemarie	2:57:42	3:15:44	4:25:05	10:38:31	21
64	326	JANSE	Margot	2:41:22	3:24:05	4:34:11	10:39:38	22
65	233	LUPTON-SMITH	Gillian Ann	2:47:35	3:26:02	4:48:32	11:02:09	21
67	303	BEATTIE	Amelia	2:59:04	3:29:31	4:45:45	11:14:20	23
68	310	DAVIDS	Juanita	3:11:41	3:28:38	4:34:12	11:14:31	24
69	316	DUGGAN	Diane	2:54:12	3:30:58	4:50:14	11:15:24	2
70	323	HUNTER	Janet	2:54:16	3:31:00	4:50:14	11:15:30	3
71	301	ADONIS	Jeanne	3:06:08	3:24:05	4:49:54	11:20:07	25
72	257	VAN HEERDEN	Sonica	3:00:34	3:28:39	5:16:19	11:45:32	26
	2062	KONICK	Joanie	2:47:55	5:19:16	6:11:19	14:18:30	
	1062	HATTINGH	Sinead	4:12:58	5:19:21	6:11:25	15:43:44	
	329	JOUBERT	Jeanine	1:55:00	DNS	3:25:44		
	1013	SWAINSON	Sarah	2:37:29	DNS	DNF		

Vet Male

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	365	VAN TAAK	Phillip	1:48:00	2:01:14	3:09:09	06:58:23	1
2	331	KELLY	Robin	1:54:59	2:09:09	3:23:24	07:27:32	2
3	369	WRIGHT	Andrew	2:06:26	2:16:44	3:33:27	07:56:37	3
4	1061	DE NECKER	Pieter	2:11:33	2:20:48	3:34:39	08:07:00	4
5	364	VAN RENSBURG	Camm	2:01:20	2:19:07	3:48:14	08:08:41	5
6	327	JANSE VAN RENSEN	Francois	2:21:54	2:35:43	3:27:05	08:24:42	6
7	1066	ODENDAAL	Louis	2:15:09	2:37:05	3:41:38	08:33:52	7
8	307	CILLIERS	Bertus	2:17:36	2:37:32	3:41:42	08:36:50	8
9	344	LIEBENBERG	Chris	2:16:54	2:37:02	3:57:28	08:51:24	9
10	1001	ANNANDALE	Emile	2:15:28	2:47:57	4:00:21	09:03:46	10
11	348	NEETHLING	Marinus	2:25:00	3:28:35	4:29:11	10:22:46	11
12	2013	SWAINSON	Paul	2:37:18	3:07:00	5:20:51	11:05:09	12
	320	GERBER	Hendrik	1:31:36	DNS	DNS		
	353	PIETERSE	Andre	DNS	2:56:39	4:05:55		
	1068	VAN SCHALKWYK	Ansie	2:26:05	2:47:10	DNS		

Vet Female

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	260	VAN DER MERWE	Lola	1:43:33	1:58:13	2:58:49	06:40:35	1
2	224	HEERSCHAP	Liezl	1:48:15	2:03:32	2:54:51	06:46:38	2

3	255	STEYTLER	Tiekie	1:55:47	2:14:49	3:07:52	07:18:28	3
4	321	GERBER	Larine	1:46:50	2:06:27	3:25:43	07:19:00	4
5	2066	ODENDAAL	Maryke	1:52:18	2:18:40	3:25:42	07:36:40	6
6	366	VAN TAAK	Nadine	1:52:00	2:23:26	3:26:07	07:41:33	5
7	308	CILLIERS	Marian	2:17:35	2:23:26	3:25:52	08:06:53	7
8	2061	DE NECKER	Alecia	2:11:32	2:20:48	3:34:38	08:06:58	8
9	345	LUGER	Michaela	2:05:05	2:28:58	3:35:18	08:09:21	9
10	311	DE PAIVA	Zelda	2:14:19	2:24:59	3:39:45	08:19:03	10
11	318	ESPIN	Bretta	2:15:41	2:45:33	3:41:46	08:43:00	11
12	2068	VAN SCHALKWYK	Dieter	2:26:06	2:47:14	3:37:42	08:51:02	12
13	343	LIEBENBERG	Ireta	2:16:57	2:37:02	3:57:28	08:51:27	13
14	342	LE ROUX	Kim	2:17:39	2:50:42	3:48:47	08:57:08	14
15	2001	ANNANDALE	Amanda	2:15:27	2:47:56	4:00:19	09:03:42	15
16	304	BLAISSE	Saskia	2:30:39	2:47:19	4:13:56	09:31:54	16
17	349	NEETHLING	Antoinette	2:24:59	3:28:36	4:29:12	10:22:47	17
18	354	PRETORIUS	Retha	2:24:59	3:28:36	4:29:12	10:22:47	18
19	313	DOUGLAS	Bronwyn	2:48:19	3:05:17	4:30:18	10:23:54	19
20	363	SHAW	Tracy	2:37:15	3:10:17	4:44:08	10:31:40	20
21	336	KROPMAN	Annemarie	2:57:42	3:15:44	4:25:05	10:38:31	21
22	326	JANSE	Margot	2:41:22	3:24:05	4:34:11	10:39:38	22
23	303	BEATTIE	Amelia	2:59:04	3:29:31	4:45:45	11:14:20	23
24	310	DAVIDS	Juanita	3:11:41	3:28:38	4:34:12	11:14:31	24
25	301	ADONIS	Jeanne	3:06:08	3:24:05	4:49:54	11:20:07	25
26	257	VAN HEERDEN	Sonica	3:00:34	3:28:39	5:16:19	11:45:32	26

Master Male

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	360	SULLIVAN	Grant	2:14:27	2:28:23	3:47:34	08:30:24	1
2	358	SANGLAY	Hamid	2:05:15	3:07:13	3:48:36	09:01:04	2
3	368	WEBER	Karl	2:22:59	2:56:23	3:45:44	09:05:06	3
4	300	ABRAHAMS	Abu	2:39:12	3:07:13	4:31:10	10:17:35	4
5	357	RAZZAK	Samad	2:39:09	3:07:16	4:31:25	10:17:50	5
	341	LAWRENCE	Fred	DNS	2:53:54	4:20:37		

Master Female

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	362	TOWNSHEND	Tanya	2:05:04	2:28:58	3:35:20	08:09:22	1
2	316	DUGGAN	Diane	2:54:12	3:30:58	4:50:14	11:15:24	2
3	323	HUNTER	Janet	2:54:16	3:31:00	4:50:14	11:15:30	3

RCS SOX LITE

Overall

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	411	TEN CATE	Amy	0:59:40	01:03:22	0:42:33	02:45:35	1
2	410	TEN CATE	Lisa	00:59:40	1:03:22	0:42:33	02:45:35	2
3	409	TEN CATE	Mark	0:59:43	1:03:25	0:42:34	02:45:42	1
4	1063	HOCKLY	Kim	1:02:05	1:09:52	0:47:37	02:59:34	3
5	314	DU TOIT	Elsa	1:19:58	01:02:00	0:48:32	03:10:30	4
6	407	MULLER	Diana	1:15:07	1:14:08	0:49:47	03:19:02	5
7	406	MULLER	Thomas	1:15:07	1:14:11	0:49:46	03:19:04	2
8	315	DU TOIT	Danell	1:20:00	1:18:13	0:48:36	03:26:49	6
9	400	BECK	Bruce	1:36:53	1:46:28	1:05:51	04:29:12	3
10	408	NIXON	Sue	1:38:03	1:47:41	1:11:34	04:37:18	7
11	403	FOURIE	Sandra	1:48:25	1:50:41	1:15:40	04:54:46	8
12	404	FOURIE	Zanika	1:51:28	1:57:18	1:18:56	05:07:42	9
13	302	ALLESON	Caroline	1:38:53	3:19:53	1:02:22	06:01:08	10

14	1060	ASHBY	Carmen	2:45:03	3:00:38	0:55:37	06:41:18	11
15	317	EDWARDS	Bonte	2:45:00	3:00:41	0:55:40	06:41:21	12
16	325	JAMES	Kim	2:45:03	3:00:40	0:55:40	06:41:23	13
17	2060	BAINES	Lee-Ann	2:45:04	3:00:41	0:55:40	06:41:25	14
	405	FRANCIS	Yusrah	1:37:58	DNS	1:13:40		

Overall Male

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	409	TEN CATE	Mark	0:59:43	1:03:25	0:42:34	02:45:42	1
2	406	MULLER	Thomas	1:15:07	1:14:11	0:49:46	03:19:04	2
3	400	BECK	Bruce	1:36:53	1:46:28	1:05:51	04:29:12	3

Overall Female

POS	BIB#	SURNAME	NAME	DAY 3	DAY 2	DAY 1	OVERAL	CAT POS
1	411	TEN CATE	Amy	0:59:40	01:03:22	0:42:33	02:45:35	1
2	410	TEN CATE	Lisa	00:59:40	1:03:22	0:42:33	02:45:35	2
3	1063	HOCKLY	Kim	1:02:05	1:09:52	0:47:37	02:59:34	3
4	314	DU TOIT	Elsa	1:19:58	01:02:00	0:48:32	03:10:30	4
5	407	MULLER	Diana	1:15:07	1:14:08	0:49:47	03:19:02	5
6	315	DU TOIT	Danell	1:20:00	1:18:13	0:48:36	03:26:49	6
7	408	NIXON	Sue	1:38:03	1:47:41	1:11:34	04:37:18	7
8	403	FOURIE	Sandra	1:48:25	1:50:41	1:15:40	04:54:46	8
9	404	FOURIE	Zanika	1:51:28	1:57:18	1:18:56	05:07:42	9
10	302	ALLESON	Caroline	1:38:53	3:19:53	1:02:22	06:01:08	10
11	1060	ASHBY	Carmen	2:45:03	3:00:38	0:55:37	06:41:18	11
12	317	EDWARDS	Bonte	2:45:00	3:00:41	0:55:40	06:41:21	12
13	325	JAMES	Kim	2:45:03	3:00:40	0:55:40	06:41:23	13
14	2060	BAINES	Lee-Ann	2:45:04	3:00:41	0:55:40	06:41:25	14
	405	FRANCIS	Yusrah	1:37:58	DNS	1:13:40		

